

# Lack of Afro

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Niels Poulsen (DK) - June 2021  
音乐: Take It up a Notch (feat. Wax & Herbal T) - Lack of Afro : (Singel version)



Intro: 48 counts from beginning of track. App. 27 secs. into track. Start with weight on L foot  
Tag: After wall 7, facing 9:00. See Tag description at the bottom of the step sheet  
Ending: You naturally end facing 12:00 when doing your last chug turn

## [1 - 8] R&L kick cross side rock, cross side, swivels heels-toes-heels

1&2&      Kick R fwd (1), cross R slightly over L (&), rock L to L side (2), recover on R (&) 12:00  
3&4&      Kick L fwd (3), cross L slightly over R (&), rock R to R side (4), recover on L (&) 12:00  
5 - 6      Cross R over L (5), step L to L side (6) 12:00  
7&8      Swivel heels to L side (7), swivel toes to L side (&), swivel heels to L side (8) 12:00

## [9 - 16] Swivel heels-toe-heels ¼ L with L hitch, L shuffle fwd, step ½ L, full turn L

1&2      Swivel heels to R side (1), swivel toes to R side (&), swivels heels R turning ¼ L hitching L knee (2) ... 9:00

**Styling: lean backwards on count 2 (particularly during the chorus hitting 'UP' in the lyrics)**

3&4      Step L fwd (3), step R behind L (&), step L fwd (4) 9:00  
5 - 8      Step R fwd (5), turn ½ L stepping L fwd (6), turn ½ L stepping R back (7), turn ½ L stepping L fwd (8) 3:00

## [17 - 24] R side rock cross, L side rock ¼ R, V step with L

1&2      Rock R to R side (1), recover on L (&), cross R over L (2) 3:00  
3 - 4      Rock L to L side (3), turn ¼ R when recovering onto R (4) 6:00  
5 - 8      Step L diagonally fwd L (5), step R diagonally fwd R (6), step L back to centre (7), step back on R (8) 6:00

## [25 - 32] L coaster step, walk R L with ¼ L fwd, backwards chug steps turning full turn R

1&2      Step back on L (1), step R next to L (&), step fwd on L (2) 6:00  
3 - 4      Walk R fwd turning 1/8 L (3), walk L fwd turning 1/8 L (4) 3:00  
5&6&      Press R to R side (5), recover on L (&), press R to R side (6), recover on L turning 1/3 R (&) 7:30  
7&8&      Press R to R side (7), recover on L turning 1/3 R (&), press R to R side (8), recover on L turning 1/3 R (&) ... 3:00

**Styling for the 4 chug steps: add your energy into the press steps, not the recover steps. That makes the chug steps less jerky/syncopated to watch**

**Start Again and... get funky!**

**Tag : After wall 7 (which starts facing 6:00). The tag starts facing 9:00. When finishing wall 7 make sure to end up with body slightly opened up towards R diagonal ...**

## [1 - 8] Behind point X 4 travelling backwards (with bent knees)

1 - 4      Cross R behind L (1), point L to L side (2), cross L behind R (3), point R to R side (4) 9:00  
5 - 8      Cross R behind L (5), point L to L side (6), cross L behind R (7), point R to R side (8) 9:00

## [9 - 16] Walk RL, R kick out out, reverse chug ¾ R

1 - 2      Walk R fwd (1), walk L fwd (2) 9:00  
3&4      Kick R fwd (3), step R small step out to R side (&), step L a small step out to L side (4) 9:00  
&5&6      Turn ¼ R on L (&), press R to R side (5), recover on L turning ¼ R (&), press R to R side (6) 3:00  
&7&8&      Recover on L turning 1/8 R (&), press R to R side (7), recover on L turning 1/8 R (&), press R to R side (8), recover on L (&) 6:00

