

Ma Stasera

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Intermediate
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音乐: Ma stasera - Marco Mengoni



INTRODUCTIONS INSTRUMENTALS - 16 COUNTS

PHRASED SEQUENCES A-B-A-B- TAG -A-B-A-B- A(16 COUNTS) - C -A-B-A

PART A (32 counts)

SEQ. 1(1-8) CROSS, SIDE, BEHIND SIDE CROSS, BUMP IN PLACE

- 1-2 Cross right over left, step left to left
- 3&4 step tight behind left, step left to left, cross right over left
- 5-6-7-8 step left to left side with bump, bump right, left , right in place whit weight.

SEQ. 2(9-16) CROSS, SIDE, BEHIND SIDE CROSS, BUMP IN PLACE

- 1-2 Cross left over right, step right to right
- 3&4 step left behind right, step right to right, cross left over right
- 5-6-7-8 step right to right side with bump, bump left, right , left in place whit weight.

SEQ. 3(17-24) REPEAT AGAIN SEQUENCE 1 (1-8)

SEQ. 4(25-32) REPEAT AGAIN SEQUENCE 2 (9-16)

PART B (32 counts)

SEQ. 1(1-8) BACK, RECOVER , STEP LOCK STEP, ROCK, RECOVER HOOK, STEP LOCK STEP

- 1-2 Back step right, recover weight on left
- 3&4 step tight forward, lock step left behind right , step tight forward
- 5-6 & step left forward, recover weight on right, hook left over right (crosses on the tibia, weight on right)
- 7&8 step left forward, lock step tight behind right , step left forward

SEQ. 2(9-16) ROCK, RECOVER PROGRASSIVE FULL TURN , BUMP IN PLACE

- 1-2 step right forward , recover weight on left
- 3-4-5-6 1/2 turn right step right forward (h.6:00), 1/ 2 turn right step left back (h.12:00), 1/ 2 turn right step right forward (h.6:00), 1/ 2 turn right step left near right (h.12:00)
- 7-8 circles bump in place right left.

SEQ. 3(17-24) REPEAT AGAIN SEQUENCE 1 (1-8)

SEQ. 4(25-32) REPEAT AGAIN SEQUENCE 2 (9-16)

PART C (32 counts)

SEQ. 1(1-8) BACHATA BASIC STEP TO RIGHT, ROLLING WINE I/4 TURN

- 1-2-3-4 Step right to right side, step left near to right, step right to right side, touch left near to right in place (h.12:00)
- 5-6-7-8 1/4 turn left step left forward (h.9:00), 1/2 turn left step right back (h.3:00), 1/2 turn left step left forward (h.9:00), touch right near to left in place

SEQ. 2(9-16) BACHATA BASIC STEP TO RIGHT, ROLLING WINE I/4 TURN

- 1-2-3-4 Step right to right side, step left near to right, step right to right side, touch left near to right in place(h.9:00),
- 5-6-7-8 1/4 turn left step left forward (h.6:00), 1/2 turn left step right back (h.12:00), 1/2 turn left step left forward (h.6:00), touch right near to left in place

SEQ. 3(17-24) BACHATA BASIC STEP TO RIGHT, ROLLING WINE 1/4 TURN

- 1-2-3-4 Step right to right side, step left near to right, step right to right side, touch left near to right in place(h.6:00),
- 5-6-7-8 1/4 turn left step left forward (h.3:00), 1/2 turn left step right back (h.9:00), 1/2 turn left step left forward (h.3:00), touch right near to left in place

SEQ. 4(25-32) BACHATA BASIC STEP TO RIGHT, ROLLING WINE 1/4 TURN

- 1-2-3-4 Step right to right side, step left near to right, step right to right side, touch left near to right in place(h.3:00),
- 5-6-7-8 1/4 turn left step left forward (h.12:00), 1/2 turn left step right back (h.6:00), 1/2 turn left step left forward (h.12:00), touch right near to left in place.

TAG (4 COUNTS)

- 1-2-3-4 Circles bump in place
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