Ho Down

级数: Beginner

编舞者: Georgie Mygrant (USA) - 2 July 2021

墙数:4

音乐: Ho Down - Brady Seals

Intro: 16 *#1 Tag at end of wall 4 for 16 counts

Vine R, Sway Hips, Vine L, Sway Hips

- 1-4 Step R, L behind R, step R, step on L
- 5-8 Sway hips, 2 counts R, Singles L and R
- 1-4 Step L, R behind L, step L, step on R
- 5-8 Sway Hips, 2 counts L, Singles R and L

Toe/Heel Fwd. Out, Out, In, In

- 1-4 Step R toe fwd. drop heel, step L toe fwd. drop on heel
- 5-8 Step Rf out to R side, step Lf out to L side, step Rf in to center, step Lf in to center next to R

Paddle Step ¾ around on Lf (to 3:00 Wall)

- 1-4 Touch Rf fwd. turning ¼ L, on Lf, Touch Rf fwd. turning ¼ L on Lf
- 5-8 Touch Rf fwd. turning ¼ L on Lf, Stomp Rf then Lf

*Tag, 2 Rocking Chairs, 1 Box Step (16 counts)

That's it! I hope you like it!

** Today is our 66th Anniversary! **





拍数: 32