Ho Down



编舞者: Georgie Mygrant (USA) - 2 July 2021

音乐: Ho Down - Brady Seals



Intro: 16 *#1 Tag at end of wall 4 for 16 counts

Vine R, Sway Hips, Vine L, Sway Hips

1-4 Step R, L behind R, step R, step on L5-8 Sway hips, 2 counts R, Singles L and R

1-4 Step L, R behind L, step L, step on R5-8 Sway Hips, 2 counts L, Singles R and L

Toe/Heel Fwd. Out, Out, In, In

1-4 Step R toe fwd. drop heel, step L toe fwd. drop on heel

5-8 Step Rf out to R side, step Lf out to L side, step Rf in to center, step Lf in to center next to R

Paddle Step ¾ around on Lf (to 3:00 Wall)

1-4 Touch Rf fwd. turning ¼ L, on Lf, Touch Rf fwd. turning ¼ L on Lf

5-8 Touch Rf fwd. turning 1/4 L on Lf, Stomp Rf then Lf

*Tag, 2 Rocking Chairs, 1 Box Step (16 counts)

That's it! I hope you like it!

** Today is our 66th Anniversary! **