

Sommer Og Sol

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Runa (DK) - July 2021
音乐: Sommer Og Sol - Birthe Kjær : (iTunes)



Intro: 16 c

S1. Rock, recover, shuffle back, back-rock, recover, fwd shuffle

1-2 Rock fwd on R, recover on L
3&4 Step back on R, step L beside R, step back on R
5-6 Rock back on L, recover on R
7&8 Step fwd on L, step R beside L, step fwd on L

S2. Rocking-chair, jazzbox ¼ turn R, cross

1-2 Rock fwd on R, recover on L
3-4 Rock back on R, recover on L
5-6 Cross R over L, step back on L ¼ turn R (3:00)
7-8 Step R to R side, cross L over R

S3. (Side-rock, cross-shuffle) x 2 (R-L)

1-2 Rock R to R side, recover on L
3&4 Cross R over L, step L to L side, cross R over L
5-6 Rock L to L side, recover on R
7&8 Cross L over R, step R to R side, cross L over R

S4. ½ Monteray turn, (heel strut) x 2 (R-L)

1-2 Point R to R side, make ½ turn R on LF stepping R beside L (9:00)
3-4 Point L to L side, step L beside R
5-6 Step fwd on R heel, slap toes down taking weight on RF
7-8 Step fwd on L heel, slap toes down taking weight on LF

ENDING: Last wall 9 starts at 12:00.

To remain facing 12:00: Dance the first 12 counts and replace "Jazzbox ¼ turn R" with "Jazzbox on the spot". Crossing L over R will end the dance.
