Beer With My Friends

级数: Improver

编舞者: Linda Scott (USA) - July 2021

音乐: Beer With My Friends (feat. Cole Swindell & David Lee Murphy) - Shy Carter

Intro: Count 16 - start on the word BEER

拍数: 32

GRAPEVINE, HEEL-TOES SWIVELS ¼ TURN RIGHT, HEEL HOOK

- Step RF to right side, LF behind right, RF to right side, Step LF next to RF (weight on both 1,2,3,4 feet)
- 5,6,7,8 Swivel both heels to R, to Center, to the R, Swivel ¼ to left turning your body to the right taking weight on LF, hooking RF over LF (3:00)

SHUFFLE FORWARD, WALK, WALK, SHUFFLE FORWARD, PIVOT 1/4 LEFT

- Step RF forward, step LF together, step RF forward 1&2
- 3-4 Walk forward LF, RF
- 5&6 Step forward on LF, Step RF together, Step forward on LF
- 7-8 Step forward on RF, Turn 1/4 to Left, LF taking weight (12:00)

CROSS, SIDE, BEHIND, ¼ TO LEFT, STEP 1/2 TO LEFT. ¼ TO LEFT, STEP BEHIND (full turn)

- 1-2 Step RF over LF, Step LF to left side
- 3-4 Step RF behind LF, Step LF ¹/₄ to left (9:00)
- 5-6 Step forward on RF, turn 1/2 left transferring weight to LF (3:00)
- 7-8 Step ¹/₄ with left with RF taking weight, Step LF behind RF (12:00)

1/4 TURN RIGHT WALK, WALK, ANCHOR, COASTER, SWAY R, L

- 1,2 Stepping with RF turn ¼ to Right, Step forward on LF (3:00)
- 3&4 Anchor: Step R just behind L heel; Step in place L; Step in place R
- (easier option: cha, cha, cha RLR)
- 5&6 Small step back on LF; Back on RF (next to LF), Step LF Cross RF
- (easier option: cha, cha, cha LRL)
- 7-8 Step to right with RF swaying hips to right, recover or LF swaying hips to left

Last wall - if you want to end at the front wall, Section 4 replace the coaster with a 1/2 left turning sailor step.

No tags, No Restarts Enjoy!

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Last Update - 16 July 2021





墙数:4