Need A Friend

拍数: 32	墙数: 4	级数: Improver
编舞者: Jane Young (TW) - July 2021		
音乐: Help Me Make It Through the Night (feat. Loren Allred) - Michael Bublé		

Intro: 16 counts (4 counts after vocal) / no restart , no tag

Sec-1 R fwd, L mambo back , R back lock back, L side , R side shuffle

1.	R step fwd 1)
2&3	L fwd 2), R step back &),L back
4 &5	R back 4), L lock over R &), R back 5)
6	Sway to L step L side 6)
7 &8	R step side R 8), L tog R &), R step to R side 1)

Sec-2 1/4R L sway to L, Sway to R ,1/8R L fwd, recover to R, L to L side, 1/8L R fwd, recover to L , R to R side (with hands motion)

1 -2	1/4R L sway to L side 1), Sway recover to R side 2) 3:00
3 -4	1/8R diagonal L fwd(with R hand fwd L hand up) 3), rock back to R 4)
5	Square up to 3:00 L to L side 5)
6 -7	1/8 L diagonal R fwd (with L hand fwd R hand up) 6), rock back to L 7)
8	Square up to 3:00 R to R side 8) 3:00

Sec-3 L sailor, 1/4R R sailor step , L cross over R, Sweep R, R cross shuffle

1&2	L behind R 1), R step R side &), L step L side 2)
3&4	1/4R R behind L 3), L step L side &), R step R side 4)
5 -6	L slightly cross over R step L fwd 5), Sweep R from back to front 6)
7&8	R cross over L 7), L to L side &), R cross over L 8) 6:00

Sec-4 L side, 1/4R flick back, R side, L cross R, R side mambo, L-R-L sway

1	L step L side 1)
2&3	1/4R R flick backward 2), R step R &), L cross R 3)
4&5	R step R side 4), recover to L &), R tog with L 5)
6-7-8	L to L side while sway to L 6), Sway to R 7), Sway L 8) 9:000

Ending : at 9-Wall facing 12:00 / Step R fwd hold until music end

Enjoy It !