Hit The Hardwood (HTH)

级数: Intermediate

编舞者: Michael Diven (USA) - July 2021

音乐: These Boots Were Made to Dance - Clayton Smalley & Timothy Baker

Intro: 16 counts, start dance after he says "I've got "

S1: Side Rock, Recover, Crossing Shuffle, ¼ Turn, ¼ Turn, Shuffle

- 1-2 Rock right foot to right side, recover weight back to left foot
- 3&4 Cross right foot over left, step left foot to left side, cross step right foot over left
- 5-6 Step back on left foot, turning ¼ turn right, step forward on right foot, turning ¼ turn right
- 7&8 Step forward on left foot, step right foot next to left, step forward on left foot

S2: Kick-Ball-Chain, Kick-Ball-Chain, ¼ Turn Jazz Box

- 1&2 Kick right foot forward, step right foot next to left, point left toe to left side
- 3&4 Kick left foot forward, step left foot next to right, point right toe to right side
- 5-6 Cross step right over left, step back on left foot
- 7-8 Pivot ¼ turn right stepping forward on right foot, step left foot next to right

S3: Step, ½ Turn, Forward Shuffle, 1 ½ Turn, Step Forward

- 1-2 Step forward on right foot, pivot ½ turn left, weight on left foot
- 3&4 Step forward on right foot, step left foot next to right, step forward on right foot
- 5 Pivot ¹/₂ turn right, stepping back on left foot
- 6 Pivot ¹/₂ turn right, stepping forward on right foot
- 7 Pivot ½ turn right, stepping back on left foot
- 8 Step forward on right foot

(Easier version: Counts 5-6, simply walk, walk)

S4: Cross, Back, Back, Cross, Back, Back, Step, Drag

- 1-2 Cross step left over right, step back on right foot
- 3-4 Step back on left foot, cross step right over left
- 5-6 Step back on left foot, step back on right foot
- 7-8 Take a big step forward on left foot, slide/drag right foot and touch right toe next to left foot

(TAG: After wall 2)

TAG: Jazz Box, 1/2 Turn

- 1-2 Cross right foot over left, step left foot back
- 3-4 Step right foot to right side, step left foot forward
- 5-6 Step forward on right foot, pivot ½ turn left (weight on left foot)

REPEAT





墙数:4

拍数: 32

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