Too Late For Lullabies

级数: Intermediate

编舞者: Christopher Gonzalez (USA) - March 2021

音乐: Too Late for Lullabies - James Morrison

#24-count intro :: Music: https://open.spotify.com/track/7MsL9a98WUHN76Wks49Zeq

[1-6] Clockwise Partial Diamond 3:00

拍数: 48

- 1-2-3 Step R across L, step L to side, turn 1/8 R and step R back 1:30
- 4-5-6 Step L back, turn 1/8 R and step R to side, step L across R 3:00

[7-12] R Lunge, Counter-clockwise Turns 12:00

1-2-3 Lunge R to side and open body to 4:30 (prepping for turn) 3:00ish

4-5-6 Turn 1/4 L and step L forward, turn 1/2 L and step R back, turn 1/2 L and step L forward Optional: Some turning can be removed with a full "run around" to the left, ending with the same sweep toward 4:30

[13-18] Turn w/ L Sweep, L Coaster Step 4:30

- 1-2-3 Turn 1/2 L and step R back while sweeping L from front to back 6:00
- 4-5-6 Turn 1/8 L and step L back, step R together, step L forward 4:30

[19-24] R Step w/ L Lift, L Coaster Step 4:30

- 1-2-3 Step R forward and lift L forward (like a low, slow kick) 4:30
- 4-5-6 Step L back, step R together, step L forward (prep for turn) 4:30

[25-30] Spiral, 1/4 L Turning Twinkle 1:30

- 1-2-3 Step R forward into full L spiral on R foot 4:30
- 4-5-6 Step L forward, turn 1/4 L and rock R to side, recover L 1:30

[31-36] R Twinkle, L Step w/ R Sweep 1:30

- 1-2-3 Step R across L, rock L to side, recover R 1:30
- 4-5-6 Step L across R while sweeping R from back to front 1:30

[37-42] Clockwise Partial Diamond 7:30

- 1-2-3 Step R across L, turn 1/8 R and step L to side, turn 1/8 R and step R back 4:30
- 4-5-6 Step L back, turn 1/8 R and step R to side, turn 1/8 R and step L forward 7:30

[43-48] R Twinkle, L Twinkle 9:00

- 1-2-3 Step R forward, turn 1/8 R and rock L to side, recover R 9:00
- 4-5-6 Step L across R, rock R to side, recover L 9:00

Styling!

Consider reaching a hand out to the side on "raised up your hand" as well as forward on "I understand" The musical beats at ~1:19 can be accentuated with a couple of cross-points substituted in for the twinkles

Email: linedancepodcast@gmail.com Phone: (234) 738-3607

Last Update 18 July 2021





墙数: 4