Sunrise Story

拍数: 48

级数: Improver waltz

编舞者: Michelle Wright (USA) - July 2021

音乐: Sunrise Tells The Story - Midland

Restart on wall 3 after 12 facing 3:00

Dance starts on lyrics 24 counts in approx 15 seconds from start of song

墙数:4

Section 1: L forward coaster, 1/2 turning basic

- Step L forward, step R next to L, step L back 1,2,3
- 4,5,6 Step back R, ¹/₂ turn L stepping L forward, step forward R (6:00)

Section 2: ¼ turning twinkle, Cross, hinge turn

- 1.2.3 1/s turn L Cross L over R, 1/s turn L Rock/Step R to R side, Recover weight L (3:00) 4.5.6 Cross R over L, 1/4 turn R stepping L back, 1/4 R stepping R forward (9:00)
- Restart here on wall 3 facing 3:00

Section 3: L forward coaster. ¹/₂ turning basic

- Step L forward, step R next to L, step L back 1,2,3
- 4,5,6 Step back R, ¹/₂ turn L stepping L forward, step forward R (3:00)

Section 4: 1/4 turning twinkle, Cross, hinge turn

1,2,3 1/2 turn L Cross L over R, 1/2 turn L Rock/Step R to R side, Recover weight L (12:00) 4,5,6 Cross R over L, ¼ turn R stepping L back, ¼ R stepping R forward (6 o clock)

Section 5: Diamond Fall away

- Cross R over R, Step R to R side, 1/8 turn L stepping L back (4:30) 1,2,3
- Step R back, Turn 1/8 L stepping L to L side (3), Turn 1/8 L stepping R forward (1:30) 4,5,6

Section 6: Diamond fallaway

- 1.2.3 Step L forward(1:30), Turn 1/8 L stepping R to R side (12:00), Turn 1/8 L stepping L back(10:30)
- Step R back (10:30), Turn 1/8 L stepping L beside R (9:00), Step R forward (9:00) 4,5,6

Section 7: Step ½ step, recover, R step, ½ back, half forward sweep

- 1.2.3 Step Forward L, Step forward R making a 1/2 L turn on ball of R foot, Recover on L (3:00)
- 4,5,6 Step R forward, ¹/₂ turn step back L (9:00), ¹/₂ turn stepping R forward as you sweep L from back to front (3:00)

(replace full turn with a basic forward with sweep for non turning option)

Section 8: L & R forward traveling Twinkles

- 1,2,3 Step L across R slightly forward, Rock/Step R to R side, Recover weight L
- 4,5,6 Step R across L slightly forward, Rock/Step L to L side, Recover weight R (3:00)

Dance ends facing 12:00 after the diamond fall away end stepping forward R raise arms out to side

End of dance! Any questions please email Michellelinedance@gmail.com

