Northside Gal

拍数: 48	墙数: 2	级数: Intermediate

编舞者: Hanna Pitkänen (FIN) & Laura Hannele Pitkänen (FIN) - July 2021

音乐: North Side Gal - JD McPherson

Intro: 16 counts, start on vocals

S1: Side step R & kick L, Rock behind, side, cross, unwind full turn

1,2   step R to side while kicking L to side

Arm movement: point both fists down together in front of your body

3,4   rock L behind R, recover R

5,6   step L to left cross R over L

7,8   unwind full turn left (weight ends on both feet, L foot in front of R foot, not too much over, open upper body to right)

S2: Heel swivels x2, back rock step, hold

1,2,3,4   swivel both heels to left, bring both heels center, swivel both heels to left, bring both heels center (weight ends on R)

5,6,7,8   rock L back, recover R, step L forward, hold (prep for a turn)

S3: 1 ½ turn left with a sweep, sailor step

1,2,3,4   ½ turn left stepping R back, ½ turn left stepping L forward, ½ turn left stepping R back as you sweep L from front to back

When danced as a contra dance: you will be passing your partners left side

5,6,7,8   step L behind R, step R out to right side, step L out to left side, hold (weight ends on both feet)

S4: Traveling heel toe swivels, 1/8 tun right, kick, back rock, run R L

1,2,3,4   swivel both heels to left, swivel both toes to left, swivel both heels to left turnig 1/8 right, kick R forward, (7:30)

5,6,7,8   rock R back, recover L, step R forward, step L forward

(optional styling for counts 7-8: boogie walks)

S5: Kick x2, back rock, toe strut, side rock L with 1/8 turn right, side rocks L R

1,2,3,4   kick R forward, kick R forward, rock R back, recover L

5,6,7,8   touch R toes forward, step weight down on R, turn 1/8 right and straighten to 9:00, rock L to side, rock R to side

S6: ¼ rock turn, hold, ½ turn, holf, ½ turn hold, back rock

1,2,3,4   ¼ turn rocking L forward with a look over left shoulder, hold, ½ turn righ stepping R forward, hold,

5,6,7,8   ½ turn R stepping L back, hold, rock R back, rocever

Start again