Barefootin'



编舞者: Chris Jackson (UK) - July 2021

音乐: Barefootin' - Robert Parker: (amazon)



#16 count intro - start on vocals. No Tags or Restarts!

SECTION 1	11_81 TWIST	AND FLICK	REHIND SID	DE CROSS	. POINT. TURN
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1,2,3,4 (Starting with feet together) Twist both heels right, Twist both heels left, flick the right on the

right diagonal, right behind left

5,6,7,8 Left to left side, cross right over left, point left to left side, make a half turn left stepping left

next to right transferring weight on to left (6.0)

SECTION 2 [9-16] OVER, SIDE, BEHIND, TURN, STEP-TURN-STEP, HITCH

1,2,3,4 Cross right over left, left to left side, right behind left, make a quarter turn left stepping

forward on left

5,6,7,8 Forward right, pivot a half turn left, forward right, hitch left knee as you turn slightly on to the

left diagonal of the 9.0 wall

SECTION 3 [17-24] LEFT-LOCK-STEP, HITCH, RIGHT-LOCK-STEP, HITCH

1,2,3,4 Forward left, lock right behind left, forward left, hitch right knee as you turn slightly on to the

right diagonal of the 9.0 wall

5,6,7,8 Forward right, lock left behind right, forward right, hitch left knee

SECTION 4 [25-32] CROSS, BACK, SIDE, CROSS, BACK TOGETHER, HEELS, TOES

1,2,3,4 Cross left over right, step back on right as you straighten up to the 9.0 wall, step left to left

side, cross right over left

5,6,7,8 Step back on left, step back right next to left and spread the weight over both feet, move both

heels right, move both toes right

START AGAIN!