

One Of The Boys

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Bev Bickhoff (AUS) & Jo Rosenblatt (AUS) - August 2021
音乐: One of the Boys - Gretchen Wilson : (Album: One Of The Boys)



Start: On vocals "I can do...." after 16 counts

[1 - 8] Rhumba Back, Rhumba Fwd, Heel, Hook, Heel, Tog, Double Heel Split

1&2& Step R to side, Step L beside right, Step R back, Touch L beside right
3&4& Step L to side, Step R beside left, Step L forward, Touch R beside left
5& Touch R heel to right diagonal, Hook R heel in front of left knee
6& Touch R heel to right diagonal, Step R beside left
7& (Weight on toes) Move heels apart, (Weight on heels) Move toes apart
8& *** Move toes together, (Weight on toes) Move heels together *** (12:00)

[9 - 16] ¼ Turn Shuffle, Quick Pivot Fwd, Step-Lock-Step-Scuff, Step-Lock-Step-Scuff

1&2 Step R to side, Step L beside right, Turning ¼ right step R forward (3:00)
3&4 Step L forward, Turning ½ right step R forward, Step L forward (9:00)
5&6& Step R forward, Lock L behind right, Step R forward, Scuff L beside right
7&8& Step L forward, Lock R behind left, Step L forward, Scuff R beside left

[17 - 24] Weave, Cross-Rock-Side, Weave, Cross-Rock-¼Turn

1&2& Cross R over left, Step L to left, Step R behind left, Step L to left
3&4 Cross R over left, Rock/Recover onto L, Step R to right
5&6& Cross L over right, Step R to right, Step L behind right, Step R to right
7&8 Cross L over right, Rock/Recover onto R, Turning ¼ left step L fwd (6:00)

[25 - 32] Cross-Back-Side, Cross-Back-Side, Back Coaster, Quick-Paddle-Cross

1&2 Cross R over left, Step L back, Step R to the right (slightly back on right diagonal)
3&4 Cross L over right, Step R back, Step L to the left (slightly back on left diagonal)
5&6 Step R back, Step L beside R, Step R forward
7&8 Step L forward, Turn ¼ right step R to right, Step L across right (9:00)

Restarts:

Wall 4: Dance to Count 8& (***) and Restart facing 3:00.

Wall 8: Dance to Count 8& (***) and Restart facing 6:00

Tag: End Wall 5 facing 12:00: Add the following tag

Side-Rock-Touch

1&2 Step R to right. Rock/Recover weight to L, Touch R beside left

Ending: Wall 9: Dance to Count 30 then step forward on L to finish at the front wall.

Free to be copied provided no changes are made to the original choreography.

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