Sweet Little Madelyn



拍数: 32 墙数: 4 级数: Easy Intermediate

编舞者: Forty Arroyo (USA) - July 2021 音乐: Madelyn - Anderson East



A Hayloft Floor Split Inspired by Darren Bailey's Int/Adv dance "Madelyn"

Starts after 16 count intro

[1-8] WALK R-L.	RALL STEP	CLOSE STEP	1/4 R	SWIVELS w/ 1/4	(ends at 12:00)
I I-OI VVALN N-L.	. DALL SIEF.	CLUSE, STEP	. /4 🔼	. SVVIVELS W/ /4 I	L (CIIUS AL IZ.UU)

1,2 Walk forward R, L,

&3,4 Step ball of R to side, Step L in place, Step R next to L

5,6 Step forward on L, Pivot ¼ to right

7&8 Swivel heels to right, Swivel heels to left, Swivel heels to right as you turn 1/4 left - weight on L

[9-16] BALL PRESS, KNEE POP, COASTER, ½ PIVOT, STEP, SHOULDER POPS (ends at 6:00)

1,2 Press ball of R forward, Recover weight on L as you pop R knee
&3,4 Step back on R, Step L next to R, Step forward on R
5,6 Step forward on L, Pivot ½ to right - weight on R
7 Step L to side - while popping R shoulder up (optional)
& Pop L shoulder up while bringing R shoulder down
8 Pop R shoulder up while bringing L shoulder down

Restart here on 3rd wall - starting the dance at 6:00

[17-24] STEP, SAILOR STEP, REPEAT, ROCK SIDE, RECOVER 1/4 TURN L (ends at 3:00)

1 Step R to side - slightly forward

2&3 Step L behind R, Step R (on ball of R) next to L, Step L to side

4 Step R to side - slightly forward

5&6 Step L behind R, Step R (on ball of R) next to L, Step L to side

7,8 Rock R to side, Recover on L turning 1/4 left

[17-24] ANCHOR STEP, TRIPLE ½ L, ROCK, RECOVER w/ KNEE POP (ends at 9:00)

1-2 Step R forward, Step L forward

&3,4 Cross R behind L, Step L in place, Step back on R

Step L to side making a ¼ left, Step R next to L, Step L forward turning ¼ left Rock forward on R, Recover weight on L as you pop right knee (or hitch R knee)

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