Bless This Mess



拍数: 32 墙数: 2 级数: High Beginner Country

编舞者: Ole Jacobson (DE) & Nina K. (DE) - August 2021

音乐: God Bless This Mess - Sasha McVeigh



Note: The dance begins after 16 counts with the start of the singing

[01-08] Side	, together,	step,	hold,	rocking	chair
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1,2	I F sten	to the left	- Place RF	next to LF
1,4	LI SICD	to the left	1 1000 111	HOAL LO LI

3,4 LF step forward - Hold

5,6 RF step forward - Shift weight to LF7,8 RF step backwards - Shift weight on LF

[09-16] Mounterey turn 1/4 right, heel, hook, step, flick

1.2	RF tap to the right - 1/4 R-Turn on the LF and place RF next to LF
1,4	IN tap to the right - 1/7 in full on the Li and place in the ki to Li

3,4 LF tap to the left - Place LF next to RF

5,6 R-Heel tap forward - RF lift and cross in front of your left Shin

7,8 RF step forward - LF lift behind RF

[17-24] Back lock back, hook, side, hold, cross back, recover

3,4 LF step backward - RF lift and cross in front of your left Shin

5.6 RF big step to the right - Hold

7,8 LF cross step behind RF - Shift weight to RF

[25-32] Side, recover with 1/4 turn right, step, hold, side, together, back, touch

1,2 LF step to the left - 1/4 R-Turn and weight to RF

3.4 LF step forward - Hold

5,6 RF step to the right - Place LF next to RF

7,8 RF step backwards - LF tap next to RF

... and from beginning

TAG: Dance at the end of the 2.|6.|10.Wall (Always on 12:00) additionally the following 4 Counts (1-4) Side, touch with clap, side touch with clap

1,2 LF step to the left - RF tap next to LF, and clap your hands 3,4 RF step to the right - LF tap next to RF, and clap your hands

Finish: The dance ends with the Monterey Turn (Count 9-12).

Dance the Monterey Turn at the end with 1/2 R-Turn (Dance ends on 12:00)