As Good As It Gets

COPPER KNOB

拍数: 48

墙数: 4 级

级数: Low Intermediate

编舞者: Amy Glass (USA) & Jonno Liberman (USA) - April 2021

音乐: As Good as It Gets - Leftrightcenter : (iTunes - Extended remix)

#0 Count Intro** Omit 1st 2 counts to start with shuffle to allow for 2 count lead-in Pattern: 48, 48, 48, 48, 32, 32, 32, 32

[1-9] Walk x2, Triple Step, Fwd, Close, Back x2, Coaster Cross (1/4 R)

- 1-2 Step R forward, Step L forward
- 3&4 Step R forward, Step L next to R, Step R forward
- &56 Step L forward, Step R next to L, Step L back
- 78&1 Step R back, Step L back, Step R together, Turn 1/4 L crossing LF over RF (9:00)

[10-16] Point, Sailor Step, Sailor Press, Hold, Ball, Cross (9:00)

- 2 Point RF to R
- 3&4 Cross R behind L, Step LF to L, Step RF to R
- 5&6 Cross L behind R, Step RF to R, Press LF to left
- 7&8 Hold, Step L next to R, Cross RF over LF

[17-24] Side, Touch, R Kick Ball Change, 1/4 Hip Roll x2 (3:00)

- Step L to left, Touch RF next to L (9:00) *styling option to roll body to left while moving to left
 Kick RF to right diagonal, Step RF next to LF (3:00), Cross LF slightly over RF (shoulders should naturally be facing 10:30 diagonal)
- 5-6 Step RF forward and hip roll 1/4 L (6:00)
- 7-8 Step RF forward and hip roll 1/4 L (3:00)

[25-32] R Side Rock Cross, L Side Rock Cross, Out Out, Body Roll, Knee Roll RL (3:00)

- 1&2 Rock RF to R, Recover onto L, Cross R over L
- &3& Rock L to left, Recover onto R, Cross L over R
- 4& Step RF out to R, Step LF out to L (shoulder width apart)
- 5-6 Starting with upper body, complete body roll ending with knees slightly bent
- 7-8 Roll R knee out finishing with weight on R, Roll L knee out finishing with weight on L

RESTART HERE ON WALLS 5, 6, 7, (8)

[33-40] R Toe Fan, Recover, Behind Side Cross, 1/2 Hinge, Crossing Triple

- 1-2 Press RF into floor starting with toes to L, finishing with toes to R (as though smushing a bug) and weight on LF
- 3&4 Cross RF behind LF, Step LF to L, Cross RF over LF
- 5-6 Step back on LF while turning 1/4 R (6:00), Step RF to R while turning 1/4 R (9:00)
- 7&8 Cross LF over RF, Step RF to R, Cross LF over RF

[41-48] R Toe Fan, Recover, Behind Side Cross, 1/2 Hinge, Cross Side Collect/Hop (3:00)

- 1-2 Press RF into floor starting with toes to L, finishing with toes to R (as though smushing a bug) and weight on LF
- 3&4 Cross RF behind LF, Step LF to L, Cross RF over LF
- 5-6 Step back on LF while turning1/4 R (12:00), Step RF to R while turning 1/4 R (3:00)
- 7&8 Cross LF over RF, Step RF to R, Close LF next to RF

** Option: Omit the & count. Cross LF over RF (7) Small hop with both feet together (or touch RF next to LF making the step lower-impact (8)

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