

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Ayek Lesmana (INA) - August 2021
音乐: Syukur - Gita Gutawa



Start on vocal

I. WALK FORWARD WITH SWEEP - FORWARD STEP - RECOVER - BACK STEP WITH DRAG - COASTER STEP - PIVOT 1/2 LEFT - TOGETHER

1 2 3 Step R forward Sweep L (1), Step L forward Sweep R (2), Step R forward Sweep L (3)
4&5 Step L forward (4), Recover on R (&), Step L back drag R (5)
6&7 Step R back (6), Close L beside R (&), Step L forward (7)
8& Turn ½ left Step L in place (8), Turn ½ left Close R beside L (&)

II. SIDE STEP WITH SWAY - SWAY - TURN 1/8 RIGHT - DRAG - CROSS OVER - SIDE STEP - LUNGE - RECOVER - CLOSE - BEND KNEES - RONDE - TURN ¼ LEFT - FORWARD STEP

1 - 2& Step L to side with sway (1), Sway R (2), Sway L (&)
3 - 4& Turn 1/8 right Step R to side Drag L (3), Cross L over R (4), Step R to side (&) ... (1.30)

* Change Step & Restart Here on Wall 3 ... "&"

"4&" : Cross L over R (4), Dragging R towards L touch R (&) ... Then Restart

5 - 6& Lunge L forward (5), Recover on R (6), Close L beside R and open chest (&)
7 - 8&1 Bend knees (7), Ronde L from front to side (8 &), Turn ¼ left Step L forward (1) ...Facing
09.00

III. BEND KNEES - STRAIGHT LEGS - BACK WALK - TURN ½ RIGHT - SWEEP - CROSS OVER - SIDE STEP - BACK STEP - SWEEP - CROSS BEHIND - TURN ¼ LEFT - FORWARD STEP

2 - 3 Bend left knee and straighten right leg (2), Straighten both legs and bring both hands up (3)
... (09.00)
4&5 Step R back (4), Step L back (&), Turn ½ right step R forward and sweep L (5)
6&7 Cross L over R (6), Step R to side (&), Step L back Sweep R (7)
8& Cross R behind L (8), Turn ¼ left Step L forward (&) .. (12.00)

IV. TURN ¼ LEFT - BASIC NIGHT CLUB - TURN ¼ RIGHT - BACK STEP - TURN ½ RIGHT - FORWARD STEP - TURN ½ RIGHT - BACK STEP - TURN ¼ RIGHT - BASIC NIGHT CLUB - TURN ¼ LEFT - FORWARD STEP - TURN ½ LEFT - BACK STEP - CLOSE

1 - 2& Turn ¼ left Step R to side (1), Close L slightly behind R (2), Cross R over L (&)... (09.00)
3 - 4& Turn ¼ right Step L back (3), Turn ½ right Step R forward (4), Turn ½ right Step L back (&)
5 - 6& Turn ¼ right Step R to side (5), Close L slightly behind R (6), Cross R over L (&) (03.00)
7 -- 8& Turn ¼ left Step L forward (body angle 1.30).. (7), Turn ½ left Step R back (8), Close L
beside R (&) (06.00)

V. TURN 1/8 LEFT - LUNGE - TURN ¼ RIGHT - BACK STEP - CLOSE - LUNGE - TURN ¼ LEFT - BACK STEP - TURN ½ LEFT - FORWARD STEP - LUNGE - RECOVER - SIDE STEP - LUNGE - RECOVER - SIDE STEP

1 - 2& Turn 1/8 left Lunge R forward (1), Turn ¼ right Step L back (2), Close R beside L (3) ...facing
7.30
3 - 4& Lunge L forward (3), Turn ¼ left Step R back (4), Turn ½ left Step L forward (&) ...facing
10.30
5 - 6& Lunge R forward (5), Recover on L (6), Step R to side (&)
7 - 8& Turn 1/8 right Lunge L forward (7), Recover on R (8), Step L to side (&)

VI. CROSS BEHIND - BEND KNEES - BODY TILTING & STRAIGHTEN LEGS - ARM STYLING - SIDE STEP - BACK STEP - SWEEP - BACK WALK - TURN ¼ RIGHT - SIDE STEP - TURN ¼ LEFT - WALK FORWARD

1 2 3 4 Cross R behind L Bend knees and tilt your body to the left put both hands in front of your chest (1), Slowly straighten your legs and your body up while bring right hand up and left hand down/diagonal shape (2 3 4)
&5 Step R to side (&), Step L back Sweep R (5)
6&7 Step R back (6), Step L back (&), Turn ¼ right Step R to side (7)
8& Turn ¼ left Step L forward (8), Step R forward (&)

VII. FORWARD STEP - TURN ½ LEFT - HITCH - WALK FORWARD - COASTER STEP - ARM

1 - 2& Step L forward while make turn ½ left and hitching R knee (1), Step R forward (2), Step L forward (&)
3 - 4& Step R forward (3), Recover on L (4), Close R beside L (&)
5 6 7 8 Step L forward rising both arms slowly up (5 6 7 8)

ENDING : 8 COUNT

1 - 2& Step R back, Step L back, Turn ½ left Step L in place
3 - 4 Turn 1/8 left Cross R over L (3), Hold (4)
&5 Turn 1/8 right Step R to side Sway R (&), Sway L (5)
6 7 8 Step R to side bringing the right hand up slowly (6 7 8)

*** continue until the end of the music**

RESTART : On Wall 3 after 12 count (4&), before that do step change on "& "

Enjoy the dance

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