# Mary Ann's Dance



拍数: 32 编数: Beginner / Improver

编舞者: Little Red Hens - September 2021

音乐: Sexy and I Know It - LMFAO: (Album: Sorry for the Party Rocking)



## **Dance Information:**

Start at 29 seconds (long intro)- chorus vocals-"girl look at that body"

### **VINE RIGHT AND LEFT**

Step R to right (1), Step L behind R (2), Step R to right (3), Touch L beside R (4)
Step L to left (5), Step R behind L (6), Step L to left (7) Touch R beside L (8)

## **V STEP**

9-12 Step R forward diagonal (9), Step L forward diagonal (10), Step back with R foot (11), Step

back with L foot, end with feet together (12)

#### CHARLESTON

13-16 Step forward with R (13), Kick L foot out in front (14), Step back on L (15), Touch behind with

R toe (16)

## TRIPLE STEP (R/L)

17&18 Shuffle forward R, L, R 19&20 Shuffle forward L, R, L

#### HALF TURN, STOMPX2

21-22 1/2 turn counter clockwise R

23-24 Stomp R and L

## **DIAGONAL HIP GYRATION (Mary Ann's Move)**

25-28 Step forward diagonal R, gyrate hips forward and back (arms bent at elbows following hips),

step back with feet together

29-32 Step forward diagonal L, gyrate hips forward and back (arms bent at elbows following hips),

step back with feet together

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