Best Friend

拍数: 32

级数: High Beginner

编舞者: Anna Bax (INA) & Retno Wulan Sari (INA) - August 2021

音乐: Best Friend (feat. Doja Cat) - Saweetie

Starting dance after Intro music on vocal 16 counts

I. ANCHOR STEP MODIFIED WITH HITCH, SAILOR STEP, TURN

- 1 & 2 Rock R slightly behind L (3rd position) Recover on L Recover on R and hitch L knee up
- 3 & 4 Rock L slightly behind L (3rd position) Recover on R Recover on L and hitch R knee up
- 5 & 6 Cross R behind L Close L beside R Step R to right side
- 7 & 8 ¼ turn left Cross L behind R Close R beside L Step L to left side

II. KICK BALL POINT, SWEEP TURN MODIFIED WITH HIP BUMPS

- 1 & 2 Kick R forward Close R beside L Touch L toes to left side
- 3 & 4 Kick L forward Close L beside R Touch R toes to right side
- 5 & 6 1/2 turn right (facing on 03:00) Sweep on RF Step R beside L with L hips up slightly (body weight on R in place a point on the LF) Down Up
- 7 & 8 ¹/₂ turn left (facing on 09:00) Sweep on LF Step L beside R with R hips up slightly (body weight on L in place a point on the RF) Down Up

III. TURN AND CHUG, HEEL JACK, CORTA JACA

- 1 4Step R to right side ½ turn right chug R to right side (facing on 10:30) ½ turn right chug R
to side (facing on 12:00) ¼ turn right Close R together (facing on 03:00)
- 5 & 6 & Cross L over R Step R to right side Touch L heels diagonal forward Dropped L in place
- 7 & 8 & Rock forward on R heel forward recover on L Rock backward on R Recover on L

IV. SIDE MAMBO AND CROSS, PUSH BACK, HIPS ROTATING

- 1 & 2 Rock R to right side Recover on L Cross R over L
- 3 & 4 Rock L to left side Recover on R Cross L over R
- 5 6 Rock R backward with both hands straight forward (like a pushing motion) body weight on RF - Step L to left side with hips turned to the left
- 7 8 Hips turned to the right Hips turned to the left

Note :

Restart (2x)

On Wall 3 after 16 counts (facing on 03:00) and Wall 6 after 16 counts (facing on 06:00)

Enjoy your dance 🎔

For more information about Stepsheets and Song, Please contact : Anna Bax : anna.franciscusbax@gmail.com Retno WS : retno.irianto@gmail.com

Last Update - 4 Sept. 2021





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