Despacito

拍数: 32

级数: Beginner

编舞者: Betty Dance (HK) - September 2021

音乐: Despacito (feat. Daddy Yankee) - Luis Fonsi

Start on lyrics 'Despacito'

Section 1 - FORWARD & BACK MAMBO STEPS, L & R MAMBO STEPS

- 1&2-3&4 Forward L, recover R, step L beside R, hold, Back R, recover L, step R beside L, hold
- 5&6-7&8 Step L to L , recover R, step L beside R, hold, Step R to R, recover L, step R beside L, hold

Section 2 - CROSS, RECOVER, SIDE, RECOVER, CROSS, RECOVER, SIDE (CROSS, LOCK) x3, SIDE

- 1&2&3&4 Cross L over R, recover on R, step L to L side, recover on R, cross L over R, recover on R, step L to L side
- 5&6&7&8 Cross R in front of L, lock L on ball without weight)x3, cross R in front of L

Section 3 - (SIDE, TOGETHER, SIDE, HOLD) x2, ¼ L TURN (9:00) (SIDE, TOGETHER, SIDE, HOLD) x2

- 1&2-3&4 Step L to L side, step R beside L, step L to L side, hold. Step R to R side, step L beside R, step R to R side, hold
- 5&6-7&8 Step L to L side with ¼ turn to L (9:00), step R beside L, step L to L side, hold. Step R to R side, step L beside R, step R to R side, hold

Section 4 - (9:00) (BACK, RECOVER, SIDE) x 2, (FORWARD STEP) x 2, BACK STEP, TOGETHER

- 1&2-3&4 (9:00) Step back L behind R, Replace R, step L to L side, step back R behind L, Replace L, step R to R side
- 5-6-7-8 Step forward L, step forward R, step back L, step back R beside L

REPEAT AT 9:00

TAG : hold 2 counts at 12:00 at end of 4th wall

Hand and foot movements are included to improve body coordination. Please watch my dance demo cum tutorial video for hand styling and practice!

Let's be happy & dance in the sun!

Enjoy Dancing with Betty!





墙数:4