

Don't Shut Me Down

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Don't Shut Me Down - ABBA



Intro: 16counts-1 Restart

Section 1 Samba Step R,L, 1/4 Jazz Box

1&2 Cross right over left, rock left to left side, recover.
3&4 Cross left over right, rock right to right side, recover.
5-6 Step right cross over left, back left
7-8 1/4 turn side right step, left beside right touch(3:00).

Section 2 Cross, Point, Cross, Point, Back Walk, Walk, Coaster step

1-2 Step left over cross right, point right to right,
3-4 Step right over cross left, point left to left.
5-6 Step left back, step right back,
7&8 Step left back, step right beside left, step left forward.

Restart Here on Wall 5

Section 3 Step 1/2 Pivot, Shuffle, Step 1/2 pivot, Shuffle

1-2 Step right forward, turn 1/2 left.
3&4 Step right forward, step left beside right, step right forward(9:00).
5-6 Step left forward, turn 1/2 right.
7&8 Step left forward, step right beside left, step left forward(3:00).

Section 4 Mambo Right, Mambo Left, Jazz Box

1&2 Rock side right, recover, step right next to left.
3&4 Rock side left, recover, step left next to right.
5-6 Cross right over left. Step back on left.
7-8 Step right to right side. step left forward.

Have a nice day~
