

Cintamu Mengutus

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Ella Miza (INA) & Mei Lestari (INA) - September 2021
音乐: Cintamu Mengutus - MegaMauro : (for Dumasi Samosir Wongso)



Start after 16 counts

I. BASIC NC, FORWARD ROCK, ½ TURN R, FORWARD ROCK, ½ TURN L

- 1,2& Step RF to R, close LF slightly back, cross RF over LF
- 3,4& Step LF to L, close RF slightly back, cross LF over RF
- 5,6& Rock RF forward, recover on LF, ½ turn R step RF forward
- 7,8& Rock LF forward, recover on RF, ½ turn L step LF forward

II. FORWARD, SWEEP, WEAVE TO R, SWEEP, WEAVE TO L, 1/8 TURN L, FORWARD MAMBO, BACK, TOGETHER

- 1,2& Step RF forward sweep LF from back to front, cross LF over RF, step RF to R
- 3,4& Cross LF behind RF sweep RF from front to back, cross RF behind LF, step LF to L
- 5,6& Turn 1/8 to L step RF forward (10:30), rock LF forward, recover on RF
- 7,8& Step LF back, step RF back, close LF next to RF (10:30)

III. FORWARD, DIAMOND STEP TURN TO R, BACK, TOGETHER

- 1 Step RF forward *tag & restart here on Wall 4
- 2&3 1/8 turn R step LF to L, 1/8 turn R step RF back, step LF back (1:30)
- 4&5 1/8 turn R step RF to R, 1/8 turn R step LF forward, step RF forward (4:30)
- 6&7 1/8 turn R step LF to L, 1/8 turn R step RF back, step LF back (7:30)
- 8& Step RF back, close LF next to RF (7:30)

IV. FORWARD, FORWARD RUN/ FULL TURN, BACK, SWEEP, 1/8 TURN L SIDE, CROSS, SIDE ROCK, CROSS

- 1,2& Step RF forward, step LF forward, step RF forward
- *Option : ½ turn R step LF back (2), ½ turn R step RF forward (&)
- 3,4 Rock LF forward, recover on RF sweep LF from front to back
- 5,6& Step LF back sweep RF from front to back, cross RF behind LF, 1/8 turn L step LF to L
- 7&8& Cross RF over LF, rock LF to L, recover on RF, cross LF over RF

Tag & Restart on Wall 4 after 17 counts

- 1,2,3 1/8 turn L step LF forward, 1/8 turn L step RF forward, 1/8 turn L step LF forward and restart (12:00)

Restart on Wall 7 after 8 counts (facing 12:00)

Have fun....