Skate

拍数: 32	墙数: 4	级数: Improver

编舞者: Judy Rodgers (USA) - September 2021

音乐: Skate - Bruno Mars, Anderson .Paak & Silk Sonic

#32 counts intro - 1 restart

S1: Skate, touch, skate, touch, skate skate skate touch

1-2	Skate R fwd right diagonal, touch L beside R
3-4	Skate L fwd left diagonal, touch R beside L
5-8	Skate R L R fwd to diagonals, touch L beside

(can use arms: R arm pointed up/L arm pointed down/hold (1-2); repeat with L arms (3-4)

S2: Rolling vine w/scuff, cross, back, step lock step

1-4	Turn 1/4 left step L fwd, turn 1/2 left step R back, turn 1/4 left step L to left side, scuff R

(option for 1-4: vine left with a scuff R)

5-6	Cross R over L, step L back
7&8	Step R back, step/lock L over R, step R back

********** Restart Wall 4 facing 9:00 - add '& step L beside R' to restart**

S3: Turn 1/4 L, sweep R, turn 1/4 L sit/touch , sailor step, turn 1/4 L sailor step

1-2	Turn 1/4 left step L fwd, sweep R beside L 9:00
3&4	Turn 1/4 left step R to right side, step/sit back on L, touch R toe in front of L 6:00
5&6	Step R behind L, step L to left side, step R to right side
7&8	Turn 1/4 left step L behind R, step R to right side, step L fwd 3:00

S4: Skate skate, shuffle, rock back, coaster step

1-2	Skate R, skate L
3&4	Shuffle fwd R L R
5-6	Rock L fwd, recover R
7&8	Step L back, step R beside L, step L fwd