

Sad Boy

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Sophie Cournoyer (CAN) - September 2021
音乐: Sad Boy (feat. Ava Max & Kylie Cantrall) - R3HAB & Jonas Blue



Intro : 16 counts

[1-8] Cross & Cross & Cross & Cross, Syncopated Rock Step (X3), Cross

1&2&3&4 Cross LF over RF (1), RF to R (&), Cross LF over RF (2), RF to R (&), Cross LF over RF (3), RF to R (&), Cross LF over RF (4)
5& Rock RF to R (5), Recover on LF (&)
6& Cross rock RF over LF (6), Recover on LF (&)
7& Rock RF to R (7), Recover on LF (&)
8 Cross RF over LF (8)

[9-16] ¼ Turn R, ½ Turn R, Shuffle Fwd, Side Body Roll (X2)

1-2 ¼ turn R stepping LF back (1), ½ turn R stepping RF forward (2)
3&4 LF forward (3), RF next to LF (&), LF forward (4)
5-6 RF to R while you begin to roll your body to R (5), Finish to roll your body to R (weight on RF) (6)
7-8 Begin to roll your body to L (7), Finish to roll your body to L (weight on LF) (8)

[17-24] Syncopated Rocking Chair, Syncopated Rock Step Fwd, Back, Mashed Potato Step Back (X2), Large Back, Slide

1&2& Rock RF forward (1), Recover on LF (&), Rock RF back (2), Recover on LF (&)
3&4 Rock RF forward (3), Recover on LF (&), RF back (4)
5-6 Mashed potato stepping LF back (5) Mashed potato stepping RF back (6)
***Easier option : LF back (5), RF back (6)**
7-8 LF far away back (7), Slide RF next to LF (weight on RF) (8)

[25-32] Side, Hold, Togheter, Side, Hold, Coaster Step, Fake ½ Turn L, ½ Turn R with Sweep

1-2 LF to L side (1), Hold (2)
&3-4 RF next to LF (&), LF to L side (3), Hold (4)
5&6 RF back (5), LF next to RF (&), RF forward (6)
7-8 ½ turn L only taking weight on LF (7), ½ turn R only taking weight on RF while sweeping LF back to front (8)

***Styling option : On count 7, you can bend the knees a little.**

No tag, no restart.

Have fun!

For more informations : cournoyer.sophie.sc@gmail.com.