Shivers



拍数: 32 **墙数**: 4 **级数**: High Beginner

编舞者: Christina Yang (KOR) - September 2021

音乐: Shivers - Ed Sheeran



Start the dance after 32 counts

SECTION 1: STEP BOTH FEET FORWARD(LOOKS LIKE LITTLE JUMP), HIT YOUR THIGHS WITH BOTH HANDS WHILE BENDING BOTH KNEES A LITTLE BIT, SWIVEL RF BALL WITH HEEL TO INSIDE, SWIVEL RF HEEL WITH BALL TO INSIDE, CLOSED RF TO LF, FLICK

1 Step both feet forward(looks like little jump)

2& Bending both knees a little bit and hit your thighs with both hands twice

3-4 Hold, hit your thighs with both hands once

5-8 Swivel RF ball with heel to inside, swivel RF heel with ball to inside, closed RF to LF, Rf flick

SECTION 2: FORWARD SHUFFLE, FORWARD ROCK, RECOVER, 1/2 TURN TO L WITH FORWARD SHUFFLE, 1/4 TURN TO L WITH PIVOT

1&2 Step forward, closed LF to RF, step forward

3-4 Rock LF forward, recover on RF

5&6 1/2 turn to L stepping LF forward, closed RF to LF, step LF forward

7-8 Rock RF forward, 1/4 turn to L changing weight on LF

SECTION 3: CROSS. TOUCH AND CLAP TWICE, CROSS, TOUCH AND CLAP ONCE, FORWARD ROCK, RECOVER, COASTER STEP

1-2& Cross RF over LF, touch LF to L side and clap twice in front of R shoulder
3-4 Cross LF over RF, touch RF to R side and clap once in front of L shoulder

5-6 Rock RF forward, recover on LF

7&8 Step RF backward, closed LF to RF, step RF forward

SECTION 4: FORWARD ROCK, RECOVER, FULL TUN TO L, BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER

1-4 Rock LF forward, recover on RF, 1/2 turn to L stepping LF forward, 1/2 turn to L stepping RF

backward

5&6 Step LF backward, closed RF to LF, step LF backward

7-8 Rock RF backward, recover on LF

NO TAG, NO RESTART

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