

Bed

拍数: 32 墙数: 4 级数: Improver
编舞者: Jenergy (USA) - September 2021
音乐: BED - Joel Corry, RAYE & David Guetta



No tags, No restarts

STEP RIGHT, HOLD, BEHIND-SIDE CROSS, ¼ TURN LEFT, SHUFFLE R-L-R

- 1-2 Step right to right side, hold 2
- 3&4 Step left behind right, Step right to right side, Step left across right
- 5-6 press Right out to right, turn ¼ turn left stepping left
- 7&8 Shuffle forward (facing 9 o'clock) Right, Left, Right

FULL TURN RIGHT, PRESS-RECOVER, STEP BACK W/ SWEEPS

- 1-2 Full turn right (stepping left then right)
- 3-4 Press Left foot forward, recover weight to right
- 5 Step left foot back
- 6-7 Sweep right foot around right & step right behind left
- 8 Sweep left foot around

VINE LEFT, ¼ TURN LEFT W/ HITCH, WALK BACK, ¼ TURN RIGHT WITH SWAY

- 1-4 Step left behind right, Step right to right side, Step left in front of right, ¼ turn right hitching right
- 5-6 Walk back (facing 12 O'Clock) Right, Left,
- 7-8 Sway right turning ¼ Right (facing 3 O'Clock), Sway recover weight Left,

NIGHTCLUB TWO STEP RIGHT, STEP LEFT, RIGHT FOOT TOUCH IN-OUT-IN

- 1-4 Nightclub - slide right 1-2, rock left behind right 3, and recover weight to right 4
- 5-6 Step left to left, touch right into left
- 7-8 tap right out right, tap right into left

RESTART