

Slow Clap

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hiroko Carlsson (AUS) - September 2021
音乐: Slow Clap - Gwen Stefani : (Spotify)



(8 count intro/the dance starts with the main lyrics)

[S1] Fwd-Together, Heel-Hook-Heel-Flick-Heel-Hook-Heel, Coaster Step

1 2 Step forward on R, Step L together
3&4& Touch R heel forward, Hook R in front of L knee, Touch R heel forward, Flick R back
5&6 Touch R heel forward, Hook R in front of L knee, Touch R heel forward
7&8 Step back on R, Step L next to R, Step forward on R

[S2] Step-Pivot 1/4R, Heel-Hook-Heel-Flick-Heel-Hook-Heel, Coaster Step

1 2 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)
3&4& Touch L heel forward, Hook L in front of R knee, Touch L heel forward, Flick L back
5&6 Touch L heel forward, Hook L in front of R knee, Touch L heel forward
7&8 Step back on L, Step R next to L, Step forward on L**

[S3] 2x Step-Pivot 1/4L, Box 1/4R

1 2 Step forward on R, Make a 1/4 turn left recover weight on L (12:00)
3 4 Step forward on R, Make a 1/4 turn left recover weight on L (9:00)
5 6 Cross R over L, Make a 1/4 turn right stepping back on R (12:00)
7 8 Step R to the side, Step forward on L

[S4] Shuffle Fwd, Step-Pivot 1/2R, Shuffle Fwd, Step-Pivot 1/4L

1&2 Shuffle forward on R-L-R
3 4 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
5&6 Shuffle forward on L-R-L
7 8 Step forward on R, Make a 1/4 turn left recover weight on L (3:00)

Optional: Clap as you hear the lyrics saying "clap".

Restart on Wall 2 count 16** (6:00) and Wall 6 count 16** (6:00)

The last wall starts facing 9:00. The dance finishes at 12:00 o'clock.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 22/Sept/21)