Twenty-Three Baby

拍数: 48

级数: High Beginner

编舞者: Malene Jakobsen (DK) - September 2021

音乐: 23 - Sam Hunt : (Single - iTunes)

Intro: 16 counts from the beginning 9 sec. seconds into track, dance begins with weight on R

[1-8] Walk, walk, shuffle, fwd. rock, shuffle 1/4

(1-2) Walk fwd. L, R, (3) step fwd. on L, (&) step R next to L, (4) step fwd. on L 12.00 1-2-3&4 5-6 (5) Rock fwd. on R, (6) recover onto L 12.00 7&8 (7) Turn 1/4 R stepping R to R, (&) step L next to R, (8) step R to R 3.00

[9-16] Cross, point, cross, point, jazz box with cross

- 1-2 (1) Cross L over R, (2) point R to R 3.00
- 3-4 (3) Cross R over L, (4) point L to L 3.00
- 5-6-7-8 (5) Cross L over R, (6) step back on R, (7) step L to L, (8) cross R over L 3.00

[17-24] Side, together, step back, touch, side, together, back, touch

- 1-2-3-4 (1) Step L to L, (2) step R next to L, (3) step back on L, (4) touch R next to L 3.00
- 5-6-7-8 (5) Step R to R, (6) step L next to R, (7) step back on R, (8) touch L next to R 3.00

[25-32] Side rock, cross shuffle, side rock, cross, side

- 1-2 (1) Rock L to L, (2) recover onto R 3.00
- 3&4 (3) Cross L over R, (&) step R to R, (4) cross L over R 3.00
- 5-6-7-8 (5) Rock R to R, (6) recover onto L, (7) cross R over L, (8) step L to L 3.00

[33-40] Touch, point, touch, step fwd., touch, point, touch, step fwd.

1-2-3-4 (1) Touch R next to L, (2) point R to R, (3) touch R next to L, (4) step fwd. on R 3.00 5-6-7-8 (5) Touch L next to R, (6) point L to L, (7) touch L next to R, (8) step fwd. on L 3.00

[41-48] Touch, point, touch, step fwd., rocking chair

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1-2-3-4
                (1) Touch R next to L, (2) point R to R, (3) touch R next to L, (4) step fwd. on R 3.00
5-6-7-8
                (5) Rock fwd. on L, (6) recover onto R, (7) rock back on L, (8) recover onto R 3.00
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Contact: lovelinedance@live.dk





墙数:4