

Shake Shake Sugar

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Melissa Lau (NZ) - September 2021
音乐: Stuck On You - Cliff Richard



Dance begins on vocals after 16 counts

VINE-CROSS, RIGHT CHASSE, BACK ROCK-RECOVER

1, 2, 3, 4 Step R to side, step L behind R, step R to side, cross L over R (12:00)
5&6 Step R to side, step L next to R, step R to side
7, 8 Rock L back, recover weight on R

VINE-CROSS, CHASSE ¼ RIGHT, BACK ROCK-RECOVER

1, 2, 3, 4 Step L to side, step R behind L, step L to side, cross R over L
5&6 Step L to side, step R next to L, turn ¼ right stepping back on L (3:00)
7, 8 Rock R back, recover weight on L

TOE STRUTS, JAZZ BOX ¼ RIGHT

1, 2, 3, 4 Step R toes fwd, drop R heel, step L toes fwd, drop L heel
5, 6, 7, 8 Cross R over L, turn 1/8 right stepping back on L, turn 1/8 right stepping R to side, step L slightly fwd (6:00)

TOE STRUTS, MONTEREY ¼ RIGHT

1, 2, 3, 4 Step R toes fwd, drop R heel, step L toes fwd, drop L heel
5, 6, 7, 8 Point R to side, ¼ turn right stepping R next to L taking the weight onto R, point L to side, step L next to R (9:00)

OUT-OUT, HEEL BOUNCES, IN-IN, HEEL BOUNCES

1, 2, 3, 4 Step R out into right diagonal, step L out into left diagonal, raise both heels and drop to ground 2x
5, 6, 7, 8 Step R back, step L together, raise both heels and drop to ground 2x

ROCKING CHAIR, CROSS, HEEL BOUNCES ½ LEFT

1, 2, 3, 4 Rock fwd on R, recover weight on L, rock back on R, recover weight on L
5, 6, 7, 8 Cross R over L, bounce heels 3x gradually turning ½ left (weight ends on L)

* RESTARTS: on walls 3, 5, 7 after 32 counts (facing 3 o'clock)

* ENDING: after 28 counts, facing the front