

Less and Less

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Less and Less - Josh Grider



Musical intro: count 16 beats

[1 to 8] - R HEEL GRIND IN PLACE, COASTER STEP, L HEEL GRIND WITH ¼ TURN L, R TRIPLE BACK

- 1 2 Press right heel to the ground (tip of the right should move left to right) **
- 3 & 4 Step back right, bring left close to right, step right forward
- 5 6 Press left heel on the ground (toe of left must move from right to left) pivot ¼ of a turn on the left (9 a.m)
- 7 & 8 Step left, bring right back next to left, step back left

[9 to 16] - R BACK ROCK, L FULL TURN, R STEP ½ TURN L, R KICK BALL POINT

- 1 2 Step RF behind (with RF) and recover on left
- 3 4 Pivot 1/2 turn left by touching right back, pivot 1/2 turn left by touching left forward
- 5 6 Walk right forward and pivot 1/2 turn left (3pm)
- 7 & 8 Right front kick, bring right back next to left, point left to left **

****Restart here after the 16 beats of the 4th wall start 9a.m arrival 12a.m, not modified Warning: replace the "kick ball point" by a "kick ball change on site" - thank you**

[17 to 24] -L CROSS, ¼ TURN R, R STEP FWD, L CROSS SHUFFLE, R ROCK CROSS, L SWEEP

- 1 2 Cross left behind right, pivot 1/4 turn to right (6 o'clock), step right forward
- *** FINAL HERE: start from the wall at 6 a.m., finish at 12 a.m. (do the first 18 beats)**
- 3 & 4 Cross left over right, step right to right, cross left over right
- 5 & 6 Step right to right (with right foot) and recover on left crossing right over left
- 7 8 Unroll the tip of the left back forward and finish crossing left in front of right

[25 to 32] -R BACK STEP, STEP L SIDE L WITH ¼ TURN L, R CROSS SHUFFLE, ROCK SIDE CROSS, R TOUCH X2

- 1 2 Step back right, step left to left (6a.m) making ¼ turn to left (3p.m)
- 3 & 4 Right cross over left, step left to left, cross right over left
- 5 6 & Step left to left (with weight) recover on right, cross left over right
- 7 8 Point RF to the right, point RF next to the left

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