How to Make a Million



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Roger Neff (USA) - August 2021

音乐: If I Could Bottle This Up - Paul Overstreet



Intro: 32 counts - No tags, no restarts

Note: I ran across this song in my music library over the summer and remembered how much I had enjoyed dancing to it some years ago. I couldn't find the dance we used to do, - the teacher may have used her own unpublished choreography, so wrote these easy high beginner dance steps. I hope that newer dancers who may never have danced to the song will enjoy doing so now.

[1-8] R SIDE ROCK, RECOVER, CROSS SHUFFLE, STEP TO L, 1/4 R ONTO RF, CROSS SHUFFLE (3:00)

1-2,3&4 R side rock, Recover on LF, Cross shuffle to L 5-6,7&8 Step to L, Turn ¼ to R onto RF, Cross shuffle to R

[9-16] LONG STEP TO R, DRAG LF UP TO RF, L COASTER STEP, ROCK FORWARD, RECOVER, BALL, L HEEL FORWARD, STEP BACK

1-2,3&4 Take long step to R, Drag LF up to RF (do not put weight on it), Step back on LF, Close RF,

Step forward on LF

5-6,&7-8 Rock forward on RF, Recover, Step on RF, Touch L heel forward, Recover

[17-24] R SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS, L SIDE ROCK, RECOVER, CROSS SHUFFLE

1-2,3&4 R side rock, Recover, Cross RF behind LF, Step to L, Cross RF over LF

5-6.7&8 L side rock, Recover, Cross shuffle to R

[25-32] STEP TO R, 1/4 TO L, KICK-BALL-STEP, STEP FORWARD, 1/4 TO L, KICK-BALLCHANGE (9:00)

1-2,3&4 Step to R, Make ¼ L turn and step on LF, Kick-Ball-Step

5-6,7&8 Step forward on RF, Turn ½ to L and step on LF, Kick-Ball-Change

Contact Roger at: lingofun@sbcglobal.net