

Save My Life

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Liz Atkinson (USA) - October 2021
音乐: Save My Life - ZZ Ward



#32 count introduction (last four counts are silent)

One Restart, No tags

S1: LINDY R, STEP L, 1/2 HITCH R, SIDE, TOUCH

1 & 2 Chasse R side RF-LF-RF
3, 4 Rock back onto LF, recover RF
5, 6 Step LF to L side, hitch R knee turning 1/2R (6:00)
7, 8 Step RF to R side, touch LF beside RF (6:00)

S2: VINE L, MONTEREY 1/4R

1, 2 Step LF to L side, step RF behind LF
3, 4 Step LF to L side, touch RF beside LF
5, 6 Point R toe to R side, step RF beside LF while turning 1/4R (9:00)
7, 8 Point L toe to L side, step LF beside RF (9:00)

*Restart here on wall 6

S3: WALK (HOLD), WALK (HOLD), STEP 1/4L, TOUCH, STEP 1/4L, BRUSH

1, 2 Step RF forward, hold
3, 4 Step LF forward, hold
5, 6 Turn 1/4L and step RF to R side, touch LF beside RF (6:00)
7, 8 Turn 1/4L and step LF forward, brush RF forward (3:00)

S4: ROCK, RECOVER, BACK, TOUCH, BACK, SWEEP, ROCK RECOVER

1, 2 Rock forward onto RF, recover LF
3, 4 Step RF back, touch LF beside RF
5, 6 Step LF back, sweep RF front to back
7, 8 Rock back onto RF, recover LF (3:00)

RESTART Wall 6 (begins at 3:00).

Dance 16 counts & begin again after the Monterey, facing 12:00

ENDING Wall 15 (begins at 12:00)

Dance 16 counts. After the Monterey, turn 1/4R stepping RF behind LF to face 12:00

Contact: info@LizAtkinsonDance.com
Asheville, NC, USA