

Funky Disco

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
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音乐: Funky Disco - Biz Baz Studio



INTRO: 8 COUNT - NO TAG, NO RESTART

S1. BACKWARD AND FORWARD WALK, POINT

- 1 - 4 Backward Walk- RF Step back next to LF, LF Step back next to RF, RF Step back Next to LF, LF Recover Point
5 - 8 Forward Walk - LF Step Fwd, RF Fwd next to LF, LF Fwd next to RF, RF to R Side Open Point

S2. DOUBLE AND SINGLE CROSS STEPS, CROSS TWIST

- 1&2& Double Cross- R Heel Step over LF, Recover R Toe (again)
3&4& Double Cross- L Heel Step over RF, Recover L Toe (again)
5&6& Single Cross- R Heel Step over LF, Recover R, L Heel Step over RF, Recover L
7&8& Cross Twist- RF Cross over LF Twist 2X

S3. ¼ TURN TO L SIDE, FULL SPIRAL SIDE TURN TO R, POINT

- 1 - 4 RF to R Side, LF Beside RF, ¼ Turn LF to L, RF Open Point (9:00)
5 - 8 Full Spiral Side Turn to R ending weight of body on R, LF Open Point

S4. FULL SPIRAL TURN L, POINT, SIMPLE CRISS CROSS ¼ TURN TO L

- 1 - 4 Full Spiral Side Turn to L ending weight of body on L, RF Open Point
5&6&7&8& ¼ Turn Simple Criss Cross to L- Starting with R Heel Cross over LF, Recover, Then, L Heel Cross over RF, Recover while turning to L. Then, do again R Heel Cross over LF, Recover, Ending with L Heel Cross over RF, Recover L (6:00).

NOTE: FUNKY DISCO (HOME) LINE DANCE, IS A COMBINED DEMO AND TEACH RECORDED IN ONE VIDEO ONLY.

Stay Fit, Keep on Groovin' and Live a Healthier Life. Enjoy guys, ALWAYS!!!

Best regards,

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