Tony From Milano

拍数: 32

级数: High Beginner

编舞者: Diana Liang (CN) - October 2021

音乐: Mamma mia (He's italiano) (feat. Glance) - Elena

Intro 16, Restart, Dance Anti-clockwisely

- S1. Side, Behind, Rock Side Recover, Behind, Rock Side Recover, Forward 1-4 step Rf to R side, step Lf behind Rf, rock Rf to R side, recover to Lf 5-8 step Rf behind Lf, rock Lf to L side, recover to Rf, step Lf forward S2. Forward, Kick, Back, Kick, Back, Together, Forward RL With Shimmy
- 1-4 step Rf forward, kick Lf forward, step Lf back, kick Rf forward
- 5-6 step Rf back, step Lf next to Rf
- 7-8 step Rf forward shaking shoulders, step Lf forward shaking shoulders

Restart Here on Wall 10 facing 9H

S3. (Cross Point, Side Point, Cross, Side Point) RL

- cross point Rf over Lf, point Rf to R side, cross Rf over Lf, point Lf to L side 1-4
- 5-8 cross point Lf over Rf, point Lf to L side, cross Lf over Rf, point Rf to R side

S4. 1/8R Forward RL, 1/8R Shuffle Forward, 1/8R Forward LR, 1/8R Shuffle Forward (Total in 3/4 R curve)

- 1-2 turn 1/8 to R stepping Rf forward, 1:30H, turn 1/8 to R stepping Lf forward, 3H 3&4 turn 1/8 to R stepping Rf forward, 4:30H, step Lf next to Rf, step Rf forward. Lock step is optional.
- turn 1/8 to R stepping Lf forward, 6H, turn 1/8 to R stepping Rf forward, 7:30H 5-6
- 7&8 turn 1/8to R stepping Lf forward, 9H, step Rf next to Lf, step Lf forward.

Lock step is optional.

Ends at the end of W14:

complete 7&8 of S4 with an extra 1/4R to face 12H, with the change to the counts of &8 as below:

- & turn 1/8 to R stepping Rf slightly forward, 10:30H,
- 8 turn 1/8 to R stepping Lf forward and finish, 12H

Thanks and happy dancing procankm@hotmail.com





墙数:4