

Jumpin' From Six To Six

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Ilona Tessmer-Willis (USA) - October 2021
音乐: Jumpin' From Six to Six - Colin James : (apple music.com - amazon.com)



Intro: 24 cts ----- music is peppy, take small steps/kicks

S1: R & L Low Front Kick, R Forward Step, L Together, R Forward Step, Hold

1-2 R Front Kick, Step R next to L
3-4 L Front Kick, Step L next to R
5-6 R Step Forward, L Step next to R
7-8 R Step Forward, Hold

S2: L & R Low Kicks, L Forward Step, R Together, L Forward Step, Hold

1-2 L Front Kick, Step L next to R
3-4 R Front Kick, Step R next to L
5-6 L Step Forward, R Step next to L
7-8 L Step Forward, Hold

S3: R & L Back Step Tap, 1/4 R Turn R & L Step Tap

1-2 R Step Back, L Tap next to R
3-4 L Step Back, R Tap next to L
5-6 R Turn right 1/8 (1:30), L Tap next to R
7-8 L Turn right 1/8 (3:00), R Tap next to L

S4: R Forward Slide, Hold, L Forward Slide, Hold, 4 R & L Front Boogie Walks aka "Short Georgie Walks".

1-4 Forward R Slide (toe out to right as foot does "brush/land"), Hold, Forward L Slide (toe out to left as foot does "brush/land"), Hold
5-8 Boogie Walk R, L, R, L - knees bent, forefingers point to floor as shoulders go from side to side (weight on L)

Option "Short Georgie Walks": rock both bent knees together from side to side, feet stay straight as R Step forward, L Knee goes a bit under R Knee, L Step forward, R Knee goes a bit under L Knee; repeat

S5: R Tap Side, Hold, R Tap In, Hold, R Tap Side, R Tap In, R Low Swing Kick

1-4 R Tap Side, Hold, R Close next to L, Hold
5-6 R Tap Side, R Close next to L,
7&8 Raise R Foot/Swing Front, Return (&), Swing Front (weight stays on left-R is lowered in S6/ct 1)

S6: R Rock Back, Recover, R Front Toe Strut, L Front Toe Strut, R Front Tap, Hold (Option: R, L Hip Bump)

1-2 R Rock Back L Recover
3-4 R Front Toe Tap, Drop Heel
5-6 L Front Toe Tap, Drop Heel
7-8 R Front Toe Tap, Hold (weight on left)

Option: 7&8: R Front Toe Tap (7), R Bump (&), L Bump (8) (weight stays on left)

Restart: Wall 3--dance 32 cts (dance restarts on 9:00)

Enjoy dancing to this great song !!

E-mail: db Sloan1908@outlook.com - for any questions

