Ride Ride Ride

拍数: 32

级数: Improver

编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - November 2021

音乐: If Wishes Were Horses - Kimber Clayton

Starting Position: Weight on LF facing 12:00 wall.

[1-8] POLKA FWD R AND L, POLKA BACK R AND L

- Step RF FWD (1), slide LF to RF (&), step RF FWD (2) 1&2
- 3&4 Step LF FWD (3), slide RF to LF (&), step LF FWD (4)
- Step RF back (5), slide LF to RF (&), step RF back (6) 5&6
- 7&8 Step LF back (3), slide RF to LF (&), step LF back (4)

[9-16] COASTER, HIP SWINGS, SIDE, CLOSE, STEP 1/4 L

- 1&2 Step RF back (1), slide LF beside RF (&), step RF FWD (2)
- 3-4 Step LF to L and swing hips L (3), transfer weight to RF in place and swing hips R (4)
- 5-6 Transfer weight to LF in place and swing hips L (5), transfer weight to RF in place and swing hips R (6)
- 7&8 Transfer weight to LF in place (7), slide RF to LF (&), turn ¼ L and step LF FWD (8)

[17-24] STEP FWD, PIVOT ½ L, ½ TURN TRIPLE L, SAILOR STEP, BOTAFOGO (CROSS, WEIGHED POINT, REPLACE)

- 1-2 Step RF FWD (1), pivot $\frac{1}{2}$ L and transfer weight to LF (2)
- 3&4 Turn ¼ L and step RF to R (3), slide LF to RF (&), turn ¼ L and step back on RF (4)
- Sweep LF behind RF (5), slide RF to LF (&), fall step L on LF (6) 5&6
- 7&8 Cross RF over LF (7), point LF toe to L with weight (&), push off with LF and step on RF in place (8)

[25-32] BOTAFOGO, VOLTA L, ½ TURN, VOLTA R, HIP SWINGS

- 1&2 Cross LF over RF (7), point RF toe to R with weight (&), push off with RF and step on LF in place (8)
- 3& Volta L: cross RF over LF (3), slide LF to L to heel of RF (&)
- 4& Cross RF over LF (4), rise up on ball of RF and turn 1/2 L and hitch L knee (&)
- Volta R: cross LF over RF (5), slide RF to heel of LF (&), cross LF over RF (6) 5&6
- 7-8 Step RF to R and swing hips R (7), transfer weight to LF and swing hips L (8)

START OVER

Contact: Dick Rogers, wildwoodlabs at gmail dot com





墙数:4