While We Were Gone

级数: High Beginner

编舞者: Maureen Ryan Hawkins (USA) & April Amisson (USA) - 15 November 2021 音乐: Gone Gone Gone - Casey Barnes : (Spotify)

32 counts, start on vocals (16 secs into song)

WIZARD 2X 1/2 TURN 1/4 TURN

拍数: 32

- 1 2& Step R Forward at an Angle to the Right, Lock Step Left Behind RF, Step Onto RF
- 3 4& Step LF Forward at an Angle to the Left, Lock Step RF Behind LF, Step Onto LF
- 5, 6 Step R forward, pivot ½ turn to left shifting weight to L
- 7,8 Step R forward, pivot ¼ turn left shifting weight to L

HEEL JACKS RIGHT AND CROSS, HEEL JACKS LEFT AND CROSS, 2 PIVOT TURNS

- 1&2&3&4& Cross R over L, step L in place, touch R heel forward, step R in place, Cross L over R, step R in place, touch L heel forward, step L in place
- 5,6, Step R forward, pivot ½ turn to left shifting weight to L
- 7,8 Step R forward, pivot ¼ turn left shifting weight to L

HITCH BALL STEP RIGHT WITH A GRIND BALL STEP, HITCH BALL STEP LEFT WITH A GRIND BALL STEP

- 1&2 Right knee up (push hips back), step R in place, shift weight to L
- 3&4 Cross R over left with heel grind, step L in place, step R to right
- 5&6 Left knee up (push hips back), step L in place, shift weight to R
- 7&8 Cross L over right with heel grind, step R in place, step L to left

KICK KICK SAILER STEP 2X

- 1,2 Kick R forward, Kick R to right side
- 3&4 R Sailor step
- 5,6 Kick L forward, Kick L to left side
- 7&8 L Sailor step

RESTART On wall 5 (12:00) restart after 20 counts (3;00) right

Last Update - 20 Nov. 2021





墙数: 2