Pass it On



拍数: 32 墙数: 4 级数: Easy Beginner

编舞者: Dianne Evans (UK) - November 2021

音乐: Pass It On - Fergal Flaherty



Music available as download from Home - FERGAL FLAHERTY Start Dance 16 counts in

Step Brush, Step Brush, Cross, Back, Side, Cross

1234 Step forward RF, Brush LF past, step forward LF, brush RF past

5678 Cross RF over LF, step back on LF, step to side on RF, Cross LF over RF

Rock Recover Cross Hold X 2

1234 Rock RF to right, Recover L, Cross RF over LF, Hold (or clap)
5678 Rock LF to left, Recover R, Cross LF over RF, Hold (or clap)

Rock Recover Cross Side Behind 1/4 Left Step Forward 1/2 Turn Left (Weave)

1234 Step RF to right side, Recover L, Cross RF over LF, Step to side on LF,

5678 Step RF behind LF, make ¼ turn left stepping forward on LF, Step forward on RF, Pivot 1/2

left transferring weight onto LF

Mambo Right, Hold, Coaster Left, Hold

Rock forward onto RF, recover LF, Step RF beside LF, Hold Step back on LF, Join RF to LF, Step Forward on LF, Hold

Start the Dance again - No Restarts or Tags!!! Yay!

Remember, smile and dance like nobody is watching!

Thank you Fergal and all the many musicians and Choreographers who worked so hard to entertain us through lockdown and still are