

Skate

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Glenn Ball (USA) - November 2021
音乐: Skate - Bruno Mars, Anderson .Paak & Silk Sonic



Start on lyrics,

DOUBLE STEP TO R DIAGONAL, ONE STEP BACK L DIAGONAL, ONE STEP BACK R DIAGONAL

1&2& Step RF to R Diagonal closing L together. Repeat R to R diagonal and Tap L
3&4& Reverse Stepping LF back to L diagonal tap RF. Step RF back to R diagonal and tap LF.
567&8 Step LF to diagonal landing on toe with heel up. Pop Head up. 2 Left Shoulders

2 SLIDES TO R. GRAPE VINE TO L

1234 Step RF to R side, Lock LF behind R, Step RF to R side, Tap LF next
5678 Step LF to L, Cross RF behind L, Repeat LF to L side, Tap R next to L

KICK AND ROCK STEP BACK WARDS X2, KICK HOOK TURN, HEEL POPS X2

1&2&3&4& Kick RF forward, Land RF over L, Rock back then forward stepping LF back then in place on RF. Repeat on L
5678 Kick R foot forward with a small circular motion inwards turning a ¼ turn L before placing R Ball of foot back with R heel up. Keep both feet in place tapping the R heel twice onto the floor

HOOK RF ACROSS L, CROSS ARMS X 2, ARMS UP TO SKY

&12 Jump L foot underneath your hips as you kick the RF forward. Hook The R calf across the shin of LF. Hold 2
34 Cross arms keeping fingers spread like they're against a wall, Open Arms.
56 Repeat arms again this time stepping RF across L. Step LF next to R shoulder Width apart
78 Point hands up to sky, Hold 8

TAG - on end 3rd Wall.

1234 Skate R right, skate L left
5678 Rolling vine to R
1234 Rolling Vine to L
5&6&78 Tap R toe forward and lift R hip Up and Down and Up. Hold the Hips up and Pop head upwards.