Kick Up The Soul

级数: Improver / Intermediate

编舞者: Amanda Pearce (USA) - November 2021

音乐: America's Sweetheart - Elle King

Intro: 16 Counts - Tag: wall 8 after 22 counts (2 counts) **Weight starts on RIGHT foot**

[1-8] Step 1/2 Turn, Shuffle, Full Turn, Scissor Step

- Step fwd L, 1/2 Turn over R shoulder 1-2
- 3&4 Shuffle L R L

拍数: 32

- 5-6 Full turn over L shoulder
- 7-8 Slide R stepping down on R, Touch L foot next to R

[9-16] Fwd Kick L, ¼ Turn L with L Kick, Coaster Step, ¼ Toe Strut with R, ¼ Toe Strut with L

- 1-2 Kick fwd L, make ¼ turn L and kick L keeping weight on R foot the whole time
- 3&4 Step back on L, Step R next to L, Step fwd L
- 5-6 Make 1/4 turn over L shoulder touching R toe fwd, Step down R
- 7-8 Make 1/4 turn over R shoulder touching L toe fwd, Step down L

[17-24] ¼ Behind Side Cross Shuffle, Step ¼ Pivot Turn, Step L, 1/4 Turn L (Start of Full Turn)

- 1/4 turn R and cross R behind L, Step L to L side 1-2
- 3&4 cross R in front of L and shuffle R L R
- Step L to L side and make a 1/4 pivot turn over R shoulder stepping on R 5-6

*2 count Tag on wall 8 - Step L, Step R, Restart *

7-8 Step fwd L, Make 1/4 turn over L shoulder stepping out R

[25-32] Full Turn Over L Moving To the R, Behind Side Cross, ¼ Turn L with Slide Back, Touch, Kick L, Step L Together, Step FWD R

- Make 1/2 turn over L shoulder stepping out L, Continue with another 1/2 turn over L shoulder 1-2 steppin out R (makes a full turn)
- 3&4 Cross L behind R, Step R to R side, Cross L in front of R
- 5-6 Make a ¼ turn over L shoulder while sliding back on R leg, Touch L foot next to R
- 7&8 Kick L leg Fwd, Step L next to R, Step FWD R





墙数:4