The Thing



拍数: 40

墙数: 4 级数: Easy Improver

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音乐: The Thing - Bill Buchanan : (1958)

Intro: 8 counts (approx. 4 secs) - Start on the word "while" as the lyrics start "While I was walking down the street"

S1: Walk, Walk, R Forward Mambo, Back, Back, L Coaster

- 1-2 Walk forward R, walk forward L
- 3&4 Rock R forward, recover L, step R next to L
- 5-6 Step back L, step back R
- 7&8 Step back on L, step R next to L, step forward on L 12:00

S2: R Vine With Touch, L Vine With Brush

- 1-2 Step R to R, step L behind R
- 3-4 Step R to R, touch L beside R
- 5-6 Step L to L, step R behind L
- 7-8 Step L to L, brush R forward 12:00

*RESTARTS: During Wall 3 (which starts facing 6:00) and Wall 6 (which starts facing 12:00), dance up to and including count 16 then RESTART

S3: R Jazz Box, R Heel Grind 1/4 R, Back Rock, Recover

- 1-2 Cross R over L, step L back
- 3-4 Step R to R, step L forward
- 5-6 Rock forward on R heel twisting R toe from L to R making ¼ turn R, recover on L 3:00
- 7-8 R rock back, recover on L

S4: Out Out, Hold+Clap, Slaps, In, In, Heel Bounces x2

- &1-2 Step R diagonally forward (&), step L diagonally forward (1), hold + clap (2)
- 3&4 Slap hands R, L, R on thighs (moving weight to R)
- 5-6 Step L back to center, step R back to center
- 7-8 Heel bounces x2 (moving weight to L) 3:00

S5: Tap R heel x2, R Sailor Step, L Toe Forward, L Toe Side, L Sailor Step

- 1-2 Tap R heel to R side x2
- 3&4 Cross R behind L, step L to L side, step R to R side
- 5-6 Tap L toe forward, tap L toe to L side
- 7&8 Cross L behind R, step R to R side, step L to L side 3:00

Dance and enjoy!

