

You Are Perfect

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Phrased Improver
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音乐: You're Perfect - Charly Black



Intro : 16

SEQUENCE : A (16) - A - B - A - Tag - A - B - A (16) - A - A - B - B - A - A

SEC 1: SIDE ROCK - TRIPLE STEP - PIVOT ¼ RIGHT - CROSS SHUFFLE

1 - 2 Step R to side, Recover on L
3 & 4 Step R next to L, Step L in place, Step R in place
5 - 6 Step L forward, Turn ¼ to right recover on R (03.00)
7 & 8 Cross L over R, Step R to side, Cross L over R

SEC 2: KICK BALL TOUCH (R-L) - FORWARD - HITCH - BACK LOCK SHUFFLE

1 & 2 Kick R forward, Together and ball of R, Touch L to side
3 & 4 Kick L forward, Together and ball of L, Touch R to side
5 - 6 Step R forward, Hitch L forward
7 & 8 Step L backward, Step R cross over L , Step L backward

SEC 3: MAMBO BACKWARD (R-L) - PIVOT ½ LEFT - LOCK SHUFFLE

1 & 2 Step R backward, Step L in place, Close R together
3 & 4 Step L backward, Step R in place, Close L together
5 - 6 Step R forward, Turn ½ to left recover on L (09.00)
7 & 8 Step R forward, Step L lock behind R, Step R forward

SEC 4: LINDY - V STEP

1 & 2 Step L to side, Step R together, Step L to side
3 - 4 Rock back on R, Recover weight on to L
5 - 6 Step R forward out, Step L forward out
7 - 8 Step R backward in centre, Step L together

B - 16 counts

SEC 1: SIDE MAMBO (R-L) - SYNCOPATED CROSSES

1 & 2 Step R to side, Step L in place, Close R together
3 & 4 Step L to side, Step R in place, Close L together
5 & 6 & Cross R over L, Step L to side, Cross R over L, Step L to side
7 & 8 Cross R over L, Step L to side, Cross R over L

SEC 2: SIDE MAMBO (L-R) - SYINCOPATED CROSSES

1 & 2 Step L to side, Step R in place, Close L together
3 & 4 Step R to side, Step L in place, Close R together
5 & 6 & Cross L over R, Step R to side, Cross L over R, Step R to side
7 & 8 Cross L over R, Step R to side, Cross L over R

TAG

Hip Roll

1 2 3 4 Step R to side with Hip Roll right to left

Happy Dancing Always!

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