Wagon Wheel Rock (L/P)



编舞者: Rob Everett (USA) - 2013 音乐: Wagon Wheel - Darius Rucker



NOTE: Steps are the same for Lead and Follow except where noted.

Starting Position: Sweetheart position, with Lead on the left and Follow on the right.

[1-8] STEP, BRUSH, STEP, BRUSH / ROCK, RECOVER, STEP, HOLD

1-2 Step LF FWD (1), brush RF FWD (2)
3-4 Step RF FWD (3), brush LF FWD (4)
5-6 Rock FWD on LF (5), recover on RF (6)

7-8 Step LF beside RF or slightly back (7), hold (8)

[9-16] ROCK, RECOVER, STEP, HOLD / STEP, LOCK, STEP, HOLD

1-2 Rock back on RF (1), recover on LF (2)

3-4 Step RF beside LF (3), hold (4)

Variation: Coaster step for 1-4 (i.e. step back RF, step LF beside RF, step RF FWD, hold).

5-6 Step LF FWD (5), lock LF behind RF (6)

7-8 Step LF FWD (7), hold (8)

[17-24] LEAD STEPS: ROCK, RECOVER, SLOW ¼ TURN STEP / SLOW STEP, SLOW STEP

1-2 Rock FWD on RF (1), recover on LF and drop L-hand with partner (2)

3-4 Turn ¼ R and step RF to R and raise R-hand and initiate lead for a full turn R for the Follow

(3-4)

5-6 Step LF in place and keep R-hand raised (5-6)

7-8 Step RF in place and allow Follow to go under R-arm and then resume sweetheart position

(7-8)

[17-24] FOLLOW STEPS: ROCK, RECOVER, SLOW 1/4 TURN STEP / PIVOT 1/2 R, PIVOT 1/2 R

1-2 Rock FWD on RF (1), recover on LF and drop L-hand with partner (2)

3-4 Turn ¼ R and step RF to R with R-toe out to R in prep for full turn R (3), hold (4)

5-6 Pivot ½ R on ball of RF and step back on LF (5-6)

7-8 Pivot ½ R on ball of LF going under Lead's R-arm and step RF beside LF (7-8)

[25-32] ROCK, STEP, STEP, HOLD / ROCK, STEP, STEP, HOLD

1-2 Rock FWD on LF (1), recover on LF (2)

3-4 Step LF beside RF or slightly back (3), hold (4)

5-6 Rock back on RF (5), recover on LF (6)

7-8 Step RF beside LF (7), hold (8)

Variation: Coaster step for 5-8 (i.e. step back RF, step LF beside RF, step RF FWD, hold).

Start Over

Step sheet updated by Dick Rogers, wildwoodlabs@gmail.com, 22 Nov 2021. Published with permission of the choreographer.

Contact: robeverett18@gmail.com