

# On The Sesh

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: High Beginner  
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音乐: On the Sesh (feat. The Tumbling Paddies) - Derek Ryan



Intro: 8 Counts

**Section 1: Side Rock. Cross Shuffle. Side Rock. Cross Shuffle.**

1-2      Rock right. Recover onto left.  
3&4      Cross right over left. Step left to left side. Cross right over left.  
5-6      Rock left. Recover onto right.  
7&8      Cross left over right. Step right to right side. Cross left over right.

**Section 2: Side Rock. Sailor Step. Touch. Unwind ½ left. Kick Ball Step.**

1-2      Rock right. Recover onto left.  
3&4      Cross right behind left. Rock left to left side. Recover onto right.  
5-6      Touch left toes back. Unwind ½ Left (weight remains on left foot).  
7&8      Kick right foot forward. Step right in place. Step forward on left.

**Restart here: Wall 3 (Facing 6 O'clock)**

**Section 3: Heel & Heel & Point. Hold & Clap x 2. & Heel & Heel & Point. Hold & Clap x 2.**

1&      Touch right heel forward. Step right in place.  
2&      Touch left heel forward. Step left in place.  
3&4&      Point right to right side. Hold and Clap twice. Step right in place.  
5&      Touch left heel forward. Step left in place.  
6&      Touch right heel forward. Step right in place.  
7&8&      Point left to left side. Hold & Clap Twice. Step left in place.

**Section 4: Rock Step. Shuffle ½ Turn Back. Rock Step. Shuffle ½ Turn Back.**

1-2      Rock forward on right. Recover onto left.  
3&4      Shuffle ½ Turn back over your right shoulder stepping right, left, right.  
5-6      Rock forward on left. Recover onto right.  
7&8      Shuffle ½ Turn back over left right shoulder stepping left, right, left.

**Tag: After Wall 1 (Facing 6 O'clock) & After Wall 4 (Facing 12 O'clock)**

**Restart: On Wall 3, after section 2 ( Facing 6 O'clock)**

**Tag: Full Turn Forward (Easy Option: Two walks forward)**

1-2      Make a Full Turn forward over your left shoulder stepping right, left.

**Ending: Step forward on right .Turn ½ left. Step forward on right to end facing the front wall.**