No Truckin' Way

拍数: 32

级数: Beginner

编舞者: Joshua Talbot (AUS) - November 2021

音乐: No Truck Song - Tim Hicks

Intro: 16 count Intro from heavy beat, starts just after the lyrics

Section 1: CROSS ROCK, SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE

- 1, 2 Cross rock R over L, recover weight L
- 3&4 Step R to R, step L together, step R to R
- 5, 6 Cross rock L over R, recover weight R
- 7&8 Step L to L, step R together, step L to L

Section 2: CROSS ROCK, SIDE SHUFFLE, CROS, ¼ BACK, COASTER

- 1, 2 Cross rock R over L, recover weight L
- 3&4 Step R to R, step L together, step R to R
- 5, 6 Cross L over R, ¼ L step R back
- 7&8 * Step L back, step R together, step L fwd*

Section 3: ROCKING CHAIR x2

- 1, 2 Rock R fwd, recover weight L
- 3, 4 Rock R back, recover weight L
- 5, 6 Rock R fwd, recover weight L
- 7, 8 Rock R back, recover weight L

Section 4: STEP, TOUCH, STEP, TOUCH, CROSS, BACK, HIP, HIP

- 1, 2 Step R fwd, touch L to L side
- 3, 4 Step L fwd, touch R to R side
- 5, 6 Cross step R over L, step L back
- 7, 8 Slightly step R to R as you bump hips R, bump his L as you take weight L
- [32]

Tag: On wall 9, starting at the front, dance to count 16 (Coaster) then hold for 8 counts. Then restart the dance facing 9 o'clock

Finish: Wall 12, starting at 3 o'clock; Dance to count 8 turning ¼ L to the front with the side shuffle, then stomp your R foot. (Music will slow a bit but just keep going)

Official Teach and Demo can be found at https://www.youtube.com/user/MrJbtalbot or by visiting my website www.jbtalbot.com

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