# Randy Travis Blues



编舞者: Ruth Ann Strickland (USA) - December 2021

音乐: Oh, What a Time to Be Me - Randy Travis

或: King of the Road - Randy Travis

或: Hula Hands - Randy Travis

或: Simple Things - Randy Travis



#### **ALT MUSIC:**

King of the Road (Randy Travis--1996) 16 counts (3:47) Hula Hands (Randy Travis--1993) 16 counts (2:13) - Slow Teach Simple Things (Randy Travis--1993) 16 counts (3:24)

#### #16 counts Intro

# Section 1: (ROCK BACK RECOVER-LOW KICK-TOUCH, GRAPEVINE RIGHT)

1-4 Rock back on RF, recover on LF, low kick with RF, touch RF beside left

5-8 Step RF to right side, step LF behind right, step RF to right side, touch LF next to RF

# Section 2: (ROCK BACK RECOVER-LOW KICK-TOUCH, GRAPEVINE LEFT 1/4 TURN)

1-4 Rock back on LF, recover on RF, low kick with LF, touch LF beside RF

5-8 Step LF to left side, step RF behind left, turn 1/4 step on LF, step RF next to left with weight

on the right foot [9:00]

### Section 3: (KNEE POPS OR BUMPS, 2 1/4 PIVOT TURNS LEFT)

1-4 Feet are together and heels on the floor. Pop knees forward starting with the left knee (one

count each): left knee goes out and weight settles on right foot/hip, right knee goes forward and weight settles on left foot/hip, repeat left knee and right knee pops ending with weight on

the left foot

5-6 Step forward R, turn 1/4 to the left (weight goes on left foot)

7-8 Step forward R, turn 1/4 to the left (weight goes on left foot) [3:00]

#### Section 4: (TWO HEEL TOGETHERS, 2 HEEL SPLITS)

1-4 Touch right heel forward, step RF beside left, touch left heel forward, step LF beside right

5-8 Split right and left heels out and back to center twice, weight shifts to the left foot at the end

of the heel splits

# No Tag or Restart

I hope you enjoy the dance!

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