Fast & Famous (aka Caribbean Winds)

拍数: 32

墙数: 2

编舞者: Mikael Mölsä (FIN) - 13 March 2006

音乐: Six Days On the Road - Sawyer Brown : (CD: Line Dance Fever 3)

Note: The dance is called fast & famous, since it was choreographed in 2 minutes for an appearance in a TVminiseries.

级数: Improver

Caribbean Winds is the name of the dance school in the miniseries.

Special thanks to Ilkka Malva for his help with the music.

GRAPEWINE RIGHT, SCUFF, GRAPEWINE LEFT WITH A ¼ TURN TO LEFT, SCUFF

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, scuff left heel forward
- 5-6 Step left to left side, step right behind left
- Turn ¼ to left by stepping left forward, scuff right heel forward 7-8

HIP BUMPS WITH HOLDS, HIP BUMPS

- 1-2 Step right forward and bump hips to the right at the same time, hold
- 3-4 Bump hips to the left, hold
- 5-6 Bump hips to the right, bump hips to the left
- 7-8 Bump hips to the right, bump hips to the left

KICK, KICK, SAILOR STEP, KICK, KICK, COASTER STEP

- 1-2 Kick right foot forward, kick right foot to the side
- 3&4 Step right behind left, step left next to right, step right to right side
- 5-6 Kick left foot forward, kick left foot to the side
- 7&8 Step left back, step right next to left, step left forward

1/4 LEFT TURNING PIVOT, ROCKING CHAIR, SLIDE RIGHT

- 1-2 Step right forward, turn 1/4 to the left (weight ends up on the left foot)
- 3-4 Rock forward on right, recover weight back on to left
- 5-6 Rock back on right, recover weight back on to left
- 7-8 Take a big step to the right, step left next to right (weight ends up on the left foot)

REPEAT



