Longer Road

拍数: 48

级数: Improver

编舞者: Laurent Chalon (BEL) - November 2021

音乐: Longer Road - Justine Sletten

INTRO & FINAL

Intro starts on the drums and the final is on the 7th wall (12:00) Section 1 : Stomp, Clap, Stomp, Stomp Clap, Stomp, Clap, Stomp, Stomp Clap Stomp RF next to LF, Clap 12:00 1-2 Stomp LF next to RF, Stomp RF next to LF, Clap 3&4 5-6 Stomp LF next to RF, Clap Stomp RF next to LF, Stomp LF next to RF, Clap 7&8

Section 2 : Stomp, Clap, Stomp, Stomp Clap, Stomp, Clap, Stomp, Stomp Clap

- 1-2 Stomp RF next to LF, Clap
- 3&4 Stomp LF next to RF, Stomp RF next to LF, Clap
- 5-6 Stomp LF next to RF, Clap
- 7&8 Stomp RF next to LF, Stomp LF next to RF, Clap

DANSE

The dance starts after the 16 counts of the introduction.

Section 1 : Rock Fwd, Back Lock Step, Triple step Full Turn L, scuff, Step Lock Step, Scuff

- 1-2 Rock forward RF, Recover on LF
- 3&4 Step RF Back, Lock LF over RF, Step RF Back
- 5&6 Full turn to the Left (triple step LF-RF-LF)
- 7&8& Scuff RF, Step RF forward, Lock LF Behind RF, RF Forward, Scuff LF

Option 5&6 : Coaster Step

Section 2 : Diagonal Step, touch, Diagonal Back, Touch, Coaster Cross, Side, Heel Swivel, Kick, behind Side Cross

- 1&2& Step LF diagonally forward Left, Touch RF next to LF, RF diagonally back right, Touch LF next to RF
- 3&4 Step LF Back, RF next to LF, Cross LF over RF
- Side Step RF to the R, Swivel Left heel inside, Swivel Left heel inside, Kick RF diagonal front 5&6& right
- 7&8 LF Cross behind RF, Step LF to the L, Cross RF over LF

Section 3 : Side Rock ¼ turn R, Step Lock Step, ½ turn L, ¼ turn L, Cross Mambo

- 1-2 Side Rock LF to the Left, Recover on RF with 1/4 turn to the right 03:00
- 3&4 Step LF Forward, Lock RF behind LF, Step LF Forward
- 5 1/2 turn to the left and step RF back 09:00
- 6 1/4 turn to the left and Side Step LF to the Left 06:00
- 7&8 Cross RF over LF, Recover on LF, Side Step RF to the R

Section 4 : Cross, Back, Shuffle back 1/2 turn, step 1/2 turn, Kick Ball Step

- 1-2 Cross LF over RF, Step LF back
- 3&4 1/4 turn to the left and Side Step LF to the Left, RF next to LF, 1/4 turn to the left and Step LF Forward* 12:00
- 5-6 Step RF Forward, Pivot 1/2 turn to the left 06:00
- 7&8 Kick RF Forward, RF next to LF, Step LF devant**





墙数: 4

* Restart here wall 3

** Restart here wall 5

Section 5: Side, Behind, Triple ¼ turn R, Rock ¼ turn R, Behind Side Cross

1-2 Side Step RF to the Right, LF Behind RF

- 3&4 Side Step RF to the Right, ¼ turn to the right and LF next to RF, Step LF Forward 09:00
- 5-6 Step LF Forward, Recover RF with ¹/₄ turn to the right 12:00
- 7&8 LF Behind RF, Side Step RF to the R, LF cross over RF***

*** Restart here wall 1

Section 6: Side, Behind, Triple step 1/4 turn R, Step 1/4 turn R, Cross Shuffle

- 1-2 Side Step RF to the Right, LF behind RF
- 3&4 Side Step RF to the R, ¼ turn to the right and LF next to RF, Step LF forward 03:00
- 5-6 Step LF forward, pivot ¼ turn to the right 09:00
- 7&8 LF Cross over RF, Side step RF to the R, LF cross over RF*

Bonne danse ...

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