

Water

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Shirley Bang (MY) & Penny Tan (MY) - December 2021
音乐: Water (Long version) - Naïka



Dance start from vocal "Seminar" (app. 6 seconds into track)

Tags (3X) / 1 Restart

TAG (4 Counts): At the end of W2 & W4 add tag (facing 6:00 & 12:00)

TAG (4 Counts): W7 after 16C , add tag and restart the dance(facing 3:00)

TAG (4 Counts):STEP OUT(R-L) , SWIVELS TOES IN, HEELS IN ,TOES IN,HEELS IN

1-2 Stomp RF out to R side, stomp LF out to L side

&3&4 Twist both toes in, twist both heels in, twist both toes in ,twist both heels in

SEC1: TOUCH WITH HIP BUMPS,BEHIND, SIDE,CROSS , SYNCOPATED ROCKING CHAIR ,1/4 TURN L CROSS SAMBA

1-2 Touch R fwd with hip bumps from L to R (X2)

3&4 Cross RF behind LF , step LF to L side,cross RF over LF

5&6& Rock LF fwd , recover on R, rock LF back,recover on R

7&8 ¼ turn L, cross LF over RF , step RF to R side,recover on L (9:00)

SEC2:CROSS,SIDE , SAILOR STEP , CROSS SAMBA , BACK, TOGETHER

1-2 Cross RF over LF,step LF to L side

3&4 Sweep RF behind LF , step LF next to RF , step RF to R side (or diagonally fwd)

5&6 Cross LF over RF , step RF to R , recover Lf on L

7-8 Step RF back , step back LF beside RF

SEC3:HITCH ,DIAGONALLY FWD SHUFFLE(R-L),HITCH,DIAGONALLY BACK SHUFFLE(R-L)

&1&2 Hitch RF ,diagonally fwd shuffle R-L-R

&3&4 Hitch LF , diagonally fwd shuffle L-R-L

&5&6 Hitch RF , diagonally back shuffle R-L-R

&7&8 Hitch LF , diagonally back shuffle L-R-L

SEC4:1/2 TURN JAZZ BOX , V STEP

1-4 Cross RF over LF , ¼ turn R , step LF back (12:00) ,¼ turn R , step RF to R side ,step LF fwd (3:00)

5-8 Step RF out diagonally, step LF out diagonally, step RF back to centre, step LF back next to RF

Have fun and happy dancing!

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