

Pickup

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bradley Mather (USA) - January 2022
音乐: Pickup - MacKenzie Porter



Intro: 16 counts

KICK STEP ROCK STEP X2, POINT FRONT, SIDE, HEELS, TOES, HEELS

1& kick R forward, cross R over L
2& rock L to L, recover
3& kick L forward, cross L over R
4& rock R to R, recover
5 6 point R across L, point R to R turning toes out (1:30)
7&8 swivel heels to R, swivel toes to R, swivel heels to R (10:30)

COASTER, ½ MAMBO, ½ BACK, BACK, COASTER

1&2 L back, R together, L forward (12:00)
3&4 rock R forward, recover ½ R, R forward
5 6 ½ R stepping L back, step back on R
7&8 L back, R together, L forward (12:00)

RESTART HERE ON WALL 3 AND 6

OUT, OUT, SHUFFLE, HEEL GRIND, BALL STEP, STEP

1 2 R to R, L to L
3&4 R to R, L next to R, R to R

RESTART HERE ON WALL 7 AFTER CHANGING COUNTS 3&4 TO 3 4 OUT R OUT L

5&6 place L heel across R with weight, R to R turning slightly L, L next to R
&78 step R slightly back, step L forward, step R forward (9:30)

MAMBO, COASTER PREP, ½, ½, TRIPLE FULL TURN

1&2 rock L forward, recover, step L back (9:00)
3&4 step R back, step L next to R, step R forward prepping for turn
5 6 ½ R stepping L next to R, ½ R stepping R forward prepping for turn
7&8 ½ R stepping L next to R, ½ R stepping R forward, step L forward (9:00)

REPEAT

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