

Two Old Rolling Stones

拍数: 32 墙数: 2 级数:
编舞者: Marianne Vita Helmprecht (USA) - 13 January 2022
音乐: Two Old Rolling Stones - Chris Vita : (iTunes)



Shuffle Right Forward, Rock Left forward Recover, Shuffle Left Back, Rock Right Back, Recover

- 1&2 Shuffle Right forward (right, left, right)
- 3-4 Rock forward on Left, recover weight on Right
- 5&6 Shuffle Left back (left, right, left)
- 7-8 Rock back on Right, recover weight on Left

Scissor step Right, Cross Shuffle Right, Scissor Step Left, Cross Shuffle Left

- 1-2 Rock side Right, recover weight on Left
- 3&4 Cross shuffle Right over left, (right, left right)
- 5-6 Rock side Left, recover weight on Right
- 7&8 Cross shuffle Left over right (left, right, left)

Step pivot 1/4 Left, Step Pivot 1/4 Left, Jazz Box

- 1-4 Step Right pivot 1/4 left, Step Right pivot 1/4 left
- 5-8 Cross Right over left, step back on Left, step Right to side, step Left next to right

Right Toe, Heel, Shuffle, Left Toe, Heel, Shuffle

- 1-2 Tap Right toe, heel next to left
- 3&4 Shuffle forward Right (right, left, right)
- 5-6 Tap Left toe, heel next to right
- 7&8 Shuffle forward Left (left, right, left)

Restart

Enjoy!
